



In-Home Supportive Services

Department of Children, Family and Adult Services

February 2024

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Director



WHAT IS IHSS

In-Home Supportive Services (IHSS) Program:

- Provides domestic, related and personal care services to eligible aged, blind, and disabled individuals who are unable to perform the services themselves and cannot remain safely in their own home unless the services are provided
- IHSS is considered an alternative to out-of-home care
- IHSS is a benefit of Medi-Cal



SACRAMENTO COUNTY IHSS DEMOGRAPHICS

- Recipient characteristics as of January 2024
 - 36,873 cases
 - 49.8% (~ 18,373 recipients) are 65+
 - 10.3% (~3,823 recipients) are 85+
 - 10% (~3,690 recipients) are 0-17
 - 53% (~ 19,361 recipients) assessed with severe impairments which meets Nursing Facility Level of Care



ELIGIBILITY CRITERIA

- Must be a California Resident
- Live in Own Home
- Have active Medi-Cal
- Submit completed Health Care Certification Form (SOC 873)
- Have Assessed Need for Services



HOW TO APPLY FOR IHSS

- To apply call: (916) 874-9471
 - Monday-Friday (9:00 am – 4:00pm)
- Or complete and submit an application for In-Home Supportive Services (SOC 295)
 - Send or fax:
 - In-Home Supportive Services
PO BOX 269131
Sacramento, CA 95826
 - FAX: (916) 854-8828



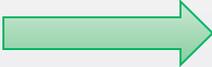
IHSS AUTHORIZED TASKS

- Domestic Services
- Meal Preparation
- Meal Clean-up
- Laundry
- Shopping & Errands
- Respiration
- Feeding
- Ambulation
- Transfer
- Bowel & Bladder Care
- Dressing
- Bathing & Grooming
- Accompaniment to Medical Appointments
- Medication Management
- Protective Supervision
- Paramedical Services
- Heavy Cleaning



IHSS NEEDS ASSESSMENT

- Assessment based on functional ability to perform ADLs/IADLs

- Functional Ranking 

Rank 1	Independent
Rank 2	Verbal assistance
Rank 3	Some human assistance
Rank 4	Substantial human assistance
Rank 5	Totally dependent
Rank 6	Paramedical

- Hourly Task Guidelines – Range of Hours Corresponds with Functional Ranking
- Service hours are authorized on a monthly basis



RECIPIENT ROLE AS EMPLOYER

- Locate, hire, train, supervise, and terminate their provider(s)
- Set schedule for provider(s) and track the number of hours worked
- Review, approve and sign timesheets
- Need assistance?
 - Public Authority Caregiver Registry (916-874-2888)
 - Contact assigned Social Worker



PROVIDER ENROLLMENT PROCESS

- If you are a recipient and you would like to request a list of available providers you can;
 - Call 916-874-2888
 - Send an email to IHSS-PA-RECIPIENT-REGISTRY@SACCOUNTY.GOV
- For the latest enrollment information please visit the IHSS Public Authority website:
 - <https://pubauth.saccounty.net/Pages/Home.aspx>



ELECTRONIC SERVICES PORTAL (ESP)

- January 1, 2020 paper timesheets were eliminated in Sacramento County.
 - Care Providers must submit their timesheets electronically by registering in ESP at the following website: <https://www.etimesheets.ihss.ca.gov>
 - Recipient options to review and approve their care provider's timesheets include:
 - Online using the Electronic Services Portal
 - By phone using the Telephone Timesheet System



State of California
Department of Social Services
IHSS Resources and Regulations

<https://cdss.ca.gov/inforesources/rules-regulations>