

ADULT AND AGING COMMISSION

Wednesday, March 27, 2019

01:00PM-04:00PM

2019 Minutes

Present: Keri V, Maria P., Linda K., Susan T., Tom J., Keaton R., Silvia M., Joe S. Marshall W., Casey S., April C., Jim D., Patty W., Palvinder K., Leslie J., Catheryn K, Emanuel P., Mayue C., Rachel H., Marie S.,

Absent: Linda B., Teresa O, Lynn H.

Guests: Will T., Debra M., Helen S., Iris

Decisions:

1. Approval of February 2019 Minutes. Catheryn K. motioned and Silvia M. 2nd motion to approve. Rachel abstained.
2. Keaton to follow up to find out which Supervisors can attend Aging 2.0/Celebrating Older Adults event & if not confirm if someone from each office could attend event.
3. Keri to send Keaton a copy of the press release for the Aging 2.0/Celebrating Older Adults event.
4. Keaton to continue to follow up on website status and business cards.
5. Casey to speak to Debra re: setting a time for Safe House Visit.
6. Patty to follow up to invite county representative overseeing code of Room & Boards for the county to attend an upcoming AAC meeting.

Action Items:

1.

Details:

1. Welcome. Introductions given by Debra M. consultant for Sacramento County & Helen S. RN
2. Begin AAC Retreat. Started with Icebreaker to better get to know the AAC commissioners & potluck lunch.
3. Keri V. reviewed status of Celebrating Older Adults Event planning for May 7th and where we currently stand. Passed out outlines that included job duties and outstanding duties that needed AAC volunteers to sign up for. We went down the entire list and commissioners volunteered for their time for the task or responsibilities in which they wanted to or could commit too time wise.

4. Keaton reported that Supervisor Kennedy cannot attend. Discussed Keaton checking with other supervisors about attending and/or if they are not able to then have a staff member from their office to attend in their place.
5. Will T. from AAA4 reviewed current status of AAA4 survey results. During first phase of survey there have been 918 responses. AAA4 hopes to get 1200 responses total by the deadline. April 11th the survey will be inserted in the Sacramento News & Review. Respondents so far are on average 70 years old, tend to be voters, majority are women, majority are those surveyed are educated and majority have on-line access or capabilities. Noted that on Question 11 people overwhelmingly reported they wanted to age in place in their own home as 780 people said it was either extremely important or very important to them out of 918 total surveyed which is 85%. Noted on Question 5: How important to Age in your community was 652 reported it was extremely important/very important. Housing peaked at fair @ 42% ranking which while Health & Wellness had highest score of 64%. The lowest of the domains surveyed was Volunteering, Civic engagement and job opportunities.
6. Regarding 2020 Census, Patty suggested AAC members to please continue to share any thoughts about ways to help Jennifer at AARP to distribute the Census information to the community and to get those ideas and information to Patty.
7. Casey reported no date set yet for Safe House Visit. Guest Debra M. who works w/Safe House was present so it was decided Casey would speak to Debra about possible future dates. Several AAC members expressed interest in taking a tour.
8. Patty reported that the supervisor that oversees the county division overseeing codes for room & boards indicated there is a push back on the initiative until next fiscal year although she would be glad to come and speak at a future AAC meeting Several AAC members expressed interest in having representative as a guest speaker.
9. Announcements were made. CHC Health Fair & Walk to End Alzheimer's fundraiser 3/27 at Mendocino Farms.
10. AAC was encouraged by Jim & Patty to please come to the next meeting with ideas commission wants to talk about and/or ideas of next steps of what areas AAC members want to focus on & address next.

11. Adjourn