#### ADULT AND AGING COMMISSION

# Wednesday, January 23rd, 2:00-4:00PM

## 2019 Meeting Minutes

Present: P. Wait, C. Simon, M. Wilkerson, A.Carni, J. Donovan, C. Koss, S. Molina, E. Petrisor, L. Humphries, M. Carlson, S. Takahashi, L. Berry, L. Kingsbury, T. Ogan, L. K. Vogtmann, L. Julianel, Palvinder K., K. Riley, M. Carlson, M. Susaan, J. Samora, R. Hoskins, T. Johnson

Absent : Maria P.

Guests: S. Allen, Bob G., Alvin R., R. Balcom, R. Astoria

## Decisions:

### Action Items & Left-Over Business:

- Patty to follow up and get letter with AAC commissioners' signature in support of AARP Livable Communities to Bruce Wagstaff for his plans to present recommendation to Board of Supervisors.
- 2. Website still not working. Ongoing issue. K. Riley is to investigate how to help get it resolved.
- 3. Patty to email Keaton an estimate of costs regarding Older Adult Event.
- 4. April to invite RILS representative to attend future AAC meeting.
- 5. Patty to check on housing update.
- 6. Need to put Silvia M. on agenda for next AAC meeting to explain further & follow up discussion of California Community Living Act.
- 7. Follow up by presenting draft of Older Adult Event at COS meeting.

#### Details

- 1. Meeting was called to order at 2:02 p.m.
- 2. Welcome & Introductions
- Motion to approve November Minutes. Edits corrected to reflect C. Koss was absent in November. 1<sup>st</sup> motioned to approve made 2<sup>nd</sup> motion to approve, while C. Koss & P. Kaur made Abstention since they were absent for November meeting.
- 4. Patty & Jim presented the introduction of the letter that was composed to support the AARP Living Communities Program and was letter was signed by Commissioners present. Need to get those who were absent to sign.

- 5. Keri & Casey presented commission with an outline & draft action plan for consideration for Older Adult May event. Aging 2.0 is planned to be the host. Discussion and suggestions were made. Meeting to be held after AAC meeting for those Commissioners interested in helping to further plan for event. The draft is also expected to be present at the 1/31 Chief of Staff meeting & AAC is asking that the county review & get back to us hopefully by 2/15 so that we can move forward if there can be an event planned by May. AAC would need to ask County for a host location for event as well as help with Public Relations and Marketing.
- 6. Silvia M. distributed copies of the Aging Resource Exchange meetings over the years to the AAC to show the history of the presentations and information and resources that are exchanged at these meetings. Silvia also passed around signup sheet for Commissioners to sign up to help host upcoming meetings during the 2019 year. Also, the Aging Resource Exchange is now asking presenters to bring their own laptops and projectors if needed because Silvia no longer has access to provide one.
- 7. AAC Retreat has been moved to March 27, 2019. Two different ideas for Retreat were discussed and it was asked of Commissioners if they had any further ideas to let Patty & Jim know. Mayue & Catheryn agreed to help with planning next month.
- 8. Brochure Update- The brochure draft complete with photos was prepared and distributed to Commission to review. Casey suggested the need to switch the brochure information on one side and it was agreed that was necessary. Once the brochure has that correction it was agreed draft would be final and Patty would ask for county to print 2000 copies for commissioners to be able to distribute and share at community events with the public and to be uploaded onto the website.
- 9. Business Card Update- Business cards are done they just need to be paid for. Discussed who would pay for them and requesting that county pay for them.
- 10. Linda B. reported update for Agency on Aging Area 4. Additional Grants for currently funded programs such as Meals on Wheels allow them to expand their services showing 268,000 meals served at 145 Congregate Meal Sites. New RFP process already started and is now closed for consideration regarding grants for various senior services including HICAP, Legal Services, Caregiver Support & Respite, and LTC Ombudsman. Linda also reported regarding the survey status. They are getting responses, but results are showing the lack of responses coming from the low-income seniors so more outreach is needed to get a more accurate and full representation for survey. Suggestions were made by various commissioners as to organizations and/or locations to distribute the surveys. Also reported was the consideration of the California Community Living Act by the Agency on Area 4. The Act basically proposes that state agencies

- combine into one for the purpose of stream ling services. In past this was not previously supported but Agency on Area 4 Director Pam Miller now supports the Act as the hope is that it would provide a way to refund a lot of programs that lost funding.
- 11. District/Liaison Reports-Discussed the proposed format and plan for the reports from commissioners. Keaton suggested that an Annual Report might be better plan for updating the board of supervisors on activities done by the AAC throughout the year. Cathryn K. volunteered to take on the drafting and composing of the Annual Report for the AAC.
- 12. Announcements- Casey S. announced she wanted to update the workgroup signup sheets, so information was verified, and Susan T. asked to switch her assignment to Disability Advisory Council instead of the Paratransit meeting. T. Johnson shared his background in pharmaceuticals profession and his desires to help the older adult community and excitement as a newly appointed commissioner, R. Hoskins shared her background as a social worker and professional experience and excitement as well as announced she is newly appointed commissioner. Guest R. Balcom shared her background in serving older adults professionally and introduced herself and her passion for older adults and older adults with mental health conditions. R. Astoria shared her background and goals in attending the AAC meeting to help be a resource to those they serve. Guests Sheila A. shared with AAC what Yolo County's history of adult and aging of commission the evolution and how Yolo has a collaboration committee which is an advocacy committee and they have the Yolo Healthy Aging Alliance which a non-profit organization that allows them to bring additional resources to the community such as Education outreach events like Fall Prevention, etc. Guest Bob G. Galt Commissioner shared information on Galt's launching of a new senior resource center which will have business hours of Monday-Thursday 10a-2p and they have 5 volunteers interested in helping and plans down the road to advertise the resource center in the Galt Herald., shared that the Galt commission does have a budget of \$4500 per year and they also do an annual report, Mayue shared upcoming event of Chinese Lantern Festival
- 13. Meeting Adjourned 4:02pm.
- 14. Ad Hoc Committee Meeting about Older Adult Day Event was held right after AAC meeting ended until 5pm. Attending were commissioners Keri V., Casey S, Leslie, J., Marie S., Linda K. & April C. Signups and delegations were made on some of the draft and proposal items and follow up conference call was set 2/5/19.