

**ADULT AND AGING COMMISSION  
Wednesday, September 27, 2023, 2:00 – 4:00 pm**

**MINUTES (DRAFT)**

Item	Notes
Welcome & Introductions	Discussion
Roll Call	Commissioners Present: Catheryn Koss, Debra Larson, Kristen Stauss, Theresa Abah, Maureen Sullivan  Commissioners Absent: Eduardo Rubalcava, Dawn Angelo, Debra Bonner  Guests/County Staff Present: Heidi Richardson, Maggie Minero, Vanessa McCarthy-Olmstead, Ruth MacKenzie, German Ayon, Melissa Jacobs, Sylvia McBride
Request(s) for Remote Participation under the Brown Act (if any)	NA
Approval of August 23, 2023 Minutes and September 27, 2023 Agenda	C. Koss moved to approve as presented. Debra Larson seconded the motion. The motion passed with no objections or abstentions
Public Comment	H. Richardson announced the county has funding to send up to two commissioners to attend the Valley Vision Livability Summit on October 30. Kristen Stauss and Debra Larson expressed interest in attending.
AAC Executive Meeting	T. Abah reports that the executive meeting held at El Hogar Community Service office, with T. Abah, D. Bonner and H. Richardson in attendance. The agenda items for September meeting were deliberated and approved for September 27, 2023 meeting.
AAC Business & Initiatives	- The commission discussed progress on the 5 Over 50 Awards for 2024. Heidi Richardson has set up an online nomination form. The working group will review the form and work with Heidi to make any changes. A link to the form will be shared on the Sacramento County Aging Resources website when it is made publicly available. The commission discussed the need to move the timeline up
ROC Recruitment	None
5 Over 50 Ad Hoc Committee for 2024	Members of the committee agreed to deliberate about next steps in October meeting.
New Business	None

<b>Reports</b>	
Area 4 Agency on Aging	German Ayon reported that AAA4 will be hosting a celebration of the agency's 50 <sup>th</sup> anniversary. He also presented on the new Pearls program and gave an update on the ADRC development efforts.
Aging Resources Exchange	<ul style="list-style-type: none"> <li>- C. Koss reported on the efforts of the Room and Board Working Group. The working group is developing a consumer guide for people living in room and board homes to raise awareness of residents' rights. The members gave a brief overview of the issues and plan for developing the guide.</li> <li>- Theresa Abah reported on the Aging Resources Exchange. The September Aging Resources Exchange meeting focused on SMUD programs for seniors and low-income customers. The topic for the October 31 Aging Resources Exchange will be Medicare, with a focus on Medicare Part C. Suggestions for 2024 topics or speakers are welcome.</li> </ul>
Sacramento County Age-Friendly Initiative	None
<b>Commission Membership Changes</b>	The commission officially welcomed Maureen Sullivan as a new commissioner.
<b>Liaison Reports</b>	None
<b>Announcements</b>	<ul style="list-style-type: none"> <li>- M. Sullivan shared information about a conference she attended focused on elder abuse and elder justice.</li> <li>- T. Abah shared information about the "Senior Health Fair" information and entertainment event she attended on 9/23 at Wyndham Hotel Sacramento. The fair was well organized and had a lot of organizations serving older adults offering resources at the event.</li> <li>- Heidi Richardson encouraged commissioners to sign up for county news email updates to stay informed. She also described a county funding opportunity for residential care facilities serving low-income residents to apply for grants to update facilities.</li> </ul>
<b>Future Meetings</b>	Next meeting is in-person, October 25, 2023, @ 2pm, 9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento
Suggestions for future agenda items	None