

**ADULT AND AGING COMMISSION
Wednesday, November 15, 2023, 2:00 – 4:00 pm**

MINUTES

Item	Notes
Welcome & Introductions	Discussion
Roll Call	Commissioners Present: Debra Bonner, Theresa Abah, Kristen Stauss, Maureen Sullivan, Catheryn Koss, Eduardo Rubalcava, Debra Larson Commissioners Absent: Dawn Angelo Guests / County Staff present: Heidi Richardson, Maggie Minero, Vanessa McCarthy-Olmstead, Michelle Callejas, German Ayon, Melissa Jacobs
Request(s) for Remote Participation under the Brown Act (if any)	NA
Approval of Sept 27, 2023, Minutes and November 15, 2023, Agenda	C. Koss moved to approve the minutes and agenda as presented. D. Monroe seconded the motion. The motion passed with no objections or abstentions
Public Comment	None
AAC Executive Meeting	D. Bonner reports there was no quorum to hold a meeting
AAC Business & Initiatives	D. Bonner reports on Room & Board initiative and discussed issues with elder evictions. The ad-hoc committee plans to produce a brochure with information about accommodation opportunities for people who are at high risk of eviction. Other initiatives to address elder evictions include. <ul style="list-style-type: none"> - collaborate with legal advocacy groups to develop a brochure with information on room and board locations for persons at risk of eviction in the community - Encourage new members to join the Room & Board ad-hoc group

5 over 50	<p>K. Stauss reports that the ad-hoc group met and agreed on the following:</p> <ul style="list-style-type: none"> - Revise the old application form and get it ready to be broadcast online: - Make the application form available by 12/5/23, and close it by 2/5/24 or early February 2024 - Select only one winner per district <p>D. Bonner reports on meeting with the Board of Supervisors' chiefs on the number of award recipients allowable for 5 over 50 awards. The consensus was to nominate 5 winners per district only</p>
ROC Recruitment	None
New Business	<p>H. Richardson reports Sacramento County community survey is ongoing and mentions it would help local aging service agencies to drill down on the needs of the senior community.</p> <p>On age-friendly initiative, she reports that the local aging and disability action plan committee have nominated a preferred vendor for the development of an Age-friendly action plan on aging.</p> <p>D. Bonner called on members to suggest priority items for 2024 the commission. She would share the budget items for 2023 highlighting priority items to support older adults and people living with disability with the commissioners by the next meeting. This will guide the prioritization process.</p>
Reports	<p>D. Larson reports on the importance of including older adults in conversations around their welfare for better service delivery outcomes. A key issue identified for elder input is the high cost of rent.</p>
Area 4 Agency on Aging	<p>German Ayon reports that AAA4 agency has commenced their Information and Referral / Assistance program to support older adults, people with disabilities and caregivers to connect them to services. He mentioned AAA4 is currently active on social media and is collaborating with California Department of Aging & ADRC to expand its services.</p>
Aging Resources Exchange	<ul style="list-style-type: none"> - C. Koss reported the presentation on how to use Chat GPT to improve working with older adults. The recordings are accessible at ARE web link. https://www.sacagingresources.org/aging-resources-exchange

Sacramento County Age-Friendly Initiative	None
Liaison Reports	<p>IHHS E. Rubalcava reports about his observation at the meeting to include funding issues and celebration of the end of 2023, as the major take away.</p> <p>ADRC D. Bonner reports the group members discussed mostly on how to coordinate their meetings in 2024 to be more effective</p>
Commission Membership Changes	<p>D. Bonner thanked C. Koss- an outgoing commissioner who has served the agency for 6 years. All members extended their well wishes to C. Koss for a job well done.</p>
Announcements	<ul style="list-style-type: none"> - D. Larson reports on the prevailing problems faced by older adults in accessing room and board services. Adding that there are limited resources and incentives for room and board homes for at risk and vulnerable people. And there is a need to highlight the lack of awareness of room and board members of their rights. - D. Bonner reports on Aging Well Symposium & Resources Fair she attended. Adding that, elders who care for their parents were trained on how to care for themselves to prevent poor health outcomes. - T. Abah reports on AARP Planning Academy which took place from 8/23/23 – 10/18/23. The training provided participants with the knowledge, skills and connections necessary to foster civic engagement in their local community. She recommends that the commission should explore collaborating with AARP organizers to leverage their training program as part of the AAC orientation program for new commissioners. - Also announced was a call for nominations for Peace Ambassadors who are working to advance peace, and those in conflict resolution within Africa and around the globe to be nominated. Submissions can be sent to the Center for African Peace and Conflict Resolution, CAPCR Email: capcr@csus.edu

	Nominations are being accepted until January 31, 2024, for the 2024, 32 nd Annual Africa Peace Awards holding on April 13, 2024.
Future Meetings	Next meeting is in-person, January 24, 2024, @ 2pm, 9750 Business Park Drive, Ste. 220, Conference Room 1, Sacramento
Suggestions for future agenda items	None