## ADULT AND AGING COMMISSION Wednesday, September 25th, 2019 02:00PM-04:00PM 2019 Minutes

Present: Patty Wait, Susan Takahashi, April Carni, Lynn Humphries, Keri Voghtman, Emanuel Peritersor, Joe Samora, Mayue Carlson, Silvia Molina, Marie Sussan, Linda Kingsbury, Jim Donovan, Teresa Ogan, Maria Padilla-Castro, Heidi Richardson (Sac County), Catheryn Koss, Linda Berry (AAA4), Anson Houghton AAA4, Tom Johnson, Keaton Riley (Ex-Officio), Leslie Julianel, Debra Morrow (Sac County), Marshall Wilkerson, Rachael Hoskins

## Absent: Casey Simon

Guests: Helen Selph (Planner for City of Sacramento), Remi Mendoza (AARP)

## Action Items:

- 1. Anson Holt from AAA4 to email Patty with details and Patty to share with AAC once received.
- 2. Patty asked for all AAC commissioners to help with actively recruiting for the AAC Commission by sharing recruiting document.
- 3. Adhoc Older Adults Committee to meet directly after AAC meeting and start planning for Celebration of Older Adults Event for 2020.

## Details:

1. Welcome & Introductions

2. Approval of August 28th minutes. Mayue C. made motion to approve and Catheryn K. Made 2nd motion to approve.

3. Sacramento City Age Friendly Initiative- Patty reported on Oct 1st was City event and invited AAC Commissioners who were interested to attend. Helen Selp with Sacramento City gave a presentation to AAC on the City's draft of their Vision and Guiding principles is for the 2040 General Plan for the city. Questions and discussion followed

4. Debra reported her recent activity concerning continuing meetings with county managers, supervisors and most recent meetings were with Airport staff and Sacramento City College. Debra has started a draft of her report which is due in October.

5. Annual Report-Catheryn to put together annual report to BOS. Catheryn will include information on what AAC has done concerning our Annual event for Older American's and the AARP Livable Communities Initiative for the County and would like additional information emailed to her.

6. Aging Resources Exchange-Leslie and Catheryn updated AAC on last month meeting as well as let AAC know of upcoming speakers.

7. By Laws revision-Commission voted to revise the Executive Committee By Laws. The Executive Committee composition would become Chair, Vice Chair, Secretary and ROC committee head. It has been difficult to get a quorum with a required 6 person meeting. Commissioners are encouraged to attend.

8. Mayue reported on Paratransit Committee updates

9. Emanuel P. Shared with commission his duties on his committee. He also shared a warning on the use of Ponds facial cream due to mercury levels.

10. Board & Care Update-Keaton did follow up with Supervisor Nottoli regarding current status of Board and Care however is awaiting a response.

11. Announcements-After AAC meeting Adhoc AAC Older Adults Planning Committee will meet directly after AAC meeting.

Keaton passed out flyers regarding Supervisor Kennedy's fair event Saturday, October 5th.

Keri reported on Aging 2.0 update regarding Innovation and Homelessness Hackadon event. Tom J. Passed out flyers and announced Health fair in Orangevale Nov 3rd. This event will have free dental care services, free animal Care and health screenings.

12. Adjourn