## ADULT AND AGING COMMISSION

# Wednesday, August 28th, 2019

02:00PM-04:00PM

#### 2019 Minutes

Present: Maria Padilla-Castro, Linda Berry, Rachael Hoskins, Debra Morrow, Heidi Richardson, Mayue Carlson, Marie Susaan, Leslie Julianel, Catheryn Koss, Lynn Humphries, Silvia Molina, Keri Vogtmann, Patty Wait, Susan Takahashi, April Carni, Keaton Riley

Absent: Casey Simon, Marshall Wilkerson, Palvinder Kaur, Emanuel Petrisor, Jim Donovan, Joe Samora Teresa Ogan, Tom Johnson, Linda Kingsbury

Guests: Jim Williams, Mary Schleeter, Will Tift, Natasha Pavlovich (Rep. Doris Matsui office), Christine (Kevin McCarty office)

# **Action Items:**

- 1. Keaton to send housing report to County Counsel for review.
- 2. Silvia to email information on Multidisciplinary meeting to Patty
- 3. AAC to send Marie any suggestions for Census meetings. Recommended each month.
- 4. Patty to email AAC Town Hall meeting information as we want AAC members to attend in their districts and report back to AAC.
- 5. Patty to change letter in City Staff Letter to include introduction of Debra Morrow and AAC working in collaboration.

### Details:

- 1. Welcome & Introductions
- 2. Approve July Minutes. Catheryn K. motioned to approve, Leslie J. 2<sup>nd</sup> motion to approve.
- 3. Sacramento City Age Friendly Initiative- Patty reported that the City is moving forward with the Initiative and AAC hopes to present to COS that AAC would like to attend the upcoming City meetings and events and get their approval. Susan reported the details of what the ad hoc committee had put together in terms of presenting it to COS and materials we would include.
- 4. Age Friendly/Livable Communities-Debra and Catheryn both reported. Debra is continuing to survey county managers, assessors, etc. Different members of the subcommittee have been attending sessions with Debra. Still taking inventory of

- Age Friendly Assets, Programs and Actions and Debra's report is due in September and to be finalized in October.
- 5. Governor's Master Plan on Aging- Keaton reported on the information and gave AAC copies of article from CHHS which named the stakeholders and outlined the plan with details. Questions and discussion ensued.
- 6. Roundtable with Congresswoman Matsui- Susan reported that she attended the meeting in which the Congresswoman held in an effort to create a taskforce on aging. The plans are in draft form and were included in the packet given to AAC for review and discussion. This document will also be included in the materials AAC will take if AAC can get approval from BOS.
- 7. A4AA Survey Results- Will Tift from A4AA presented and gave copies of the final report of information gathered. The survey was sent out to 7 counties however the report that was reviewed and discussed with AAC was Sacramento Weighted Sample. In Sacramento County the two areas of most concern for the respondents were transportation needs followed closely by housing insecurity. The report also included very detailed demographic information.
- 8. Room & Boards- Silvia shared copies of the last report done by the AAC submitted in 2016 to Supervisor Don Nottoli. Silvia reported that since 1997 there have been 2 prior reports regarding this same issue done by the AAC. The report included preliminary research, findings and recommendations for the Sacramento County Unlicensed Room and Board Housing. Discussion ensued. Heidi clarified for the AAC that APS does not refer to Room & Boards.
- 9. 2020 Census update- Marie reported information and said invitations to complete the census will be sent out initially and then again in March. Catheryn also attended.
- 10. Aging Resource Exchange- Catheryn and Leslie reported. Good presentation from Legal Services of Northern California to inform attendees of the legal services and programs they have to offer from the last Aging Resource Exchange. Upcoming meetings will have presentation from SMUD in September and HICAP in October.
- 11. ROC Updates & Liaison updates were not reported on since Casey was absent.
- 12. Announcements- Keri recommended that AAC start planning for the next Celebrating Older Adults & Aging Event in October. Keri suggested we discuss after next AAC what dates to plan for and which dates to avoid due to other events. Lynn Shared information to AAC on resource called Sacramento Self Help Housing. Heidi shared information about Home Safe program just implemented. Marie reported that Sutter PACE does have information on rooms and boards. Silvia shared information about Senior 4-1-1 which is a resource in Placer county. Guests who attended were asked to introduce themselves.
- 13. Adjourn