

**ADULT AND AGING COMMISSION**  
**Wednesday, August 25, 2021**  
**2:00 – 4:00 PM**  
**Video Conference Meeting**  
**MINUTES (DRAFT)**

Item	Minutes
<b>Welcome &amp; Introductions</b>	A. Carni called the meeting to order at 2:01pm.
<b>Roll Call</b>	<p><b>Commissioners Present:</b> April Carni, Patty Wait, Theresa Abah, Rachael Hoskins, Megan Masten, Catheryn Koss, Tom Johnson</p> <p><b>Commissioners Absent:</b> Gaby Hernandez (excused), Debra Bonner (excused), Bob Van Cleef (excused)</p> <p><b>Others Present:</b> Vance Jarrard (BOS Liaison), Clayton Wyatt (AAA4 Representative), Heidi Richardson (Senior and Adult Services), Ruth MacKenzie (Senior and Adult Services), Eduardo Rubalcava, Justin Ellerby, Anne-Marie Rucker</p>
<b>Approval of August 25, 2021 Agenda and July 28, 2021 Minutes</b>	T Johnson moved to approve the agenda and minutes, M. Masten seconded, motion passed with no opposition or abstentions.
<b>Public Comment</b>	none
<b>AAC Business &amp; Initiatives</b>	
2021/2022 Officer Elections	<p>A. Carni presented slate: C. Koss as Chair, R. Hoskins as Vice Chair, and A. Carni as Secretary. Opened the floor for additional nominations. C. Koss nominated Megan Masten as ROC Chair. M. Masten accepted nomination.</p> <p>C. Koss moved to elect the slate of officers as presented and elect M. Masten as ROC chair. P. Wait seconded motion. Motion passed with no opposition or abstentions.</p>
Input on 2022-2023 Sacramento County Budget	<p>H. Richardson sought feedback on county’s budget. The form distributed with the agenda asks for 5 top needs for community served by Commission. Shared results of 2018 needs survey to inform the discussion. Once the Commission determines the priorities, one member needs to complete the form and submit to H. Richardson before Labor Day, if possible. The results will be used to determine needs based on broader public poll.</p> <p>A. Carni asked about overall budget allocations. H. Richardson encouraged commission to focus on priorities and needs of communities represented by the commission, not a particular budget category.</p> <p>The Commissioners shared their priorities though the chat and discussion. Topics included homeless diversion, affordable housing, transportation, MediCal scams, 211, senior companionship, home repairs, caregiver support, assisted living waiver program, age-friendly initiative, social isolation, and volunteer support for older adults. Did a poll to identify the top priorities. After discussion, the Commission adopted the following recommendations:</p>

	<ul style="list-style-type: none"> <li>- Flexible funding for older adults facing financial crises that are likely to lead to homelessness without immediate assistance (e.g., to pay for utility bill, rent, home repair, etc.)</li> <li>- Creative solutions to provide affordable housing alternatives for older adults (e.g., rent not more than 30% of income) that is readily available in the near future (e.g., home share programs, rent assistance, ADU incentives)</li> <li>- Increase support to informal caregivers by improving 211 referrals for older adults, strengthening recruitment and training (caregiving skills, language skills, or other needs) of IHSS workers, providing a living wage for IHSS workers to ensure a sufficient pool of providers, and other supportive programs for caregivers who do not qualify for MediCal</li> <li>- Support through adequate staffing and funding the implementation of the county's age-friendly initiative</li> <li>- Improve accessibility for alternatives to driving by removing financial, physical, environmental, and other barriers to using alternative transportation options (e.g., vouchers for Lyft or Uber, free or reduced fares on public transportation, expanding support for the Senior Companion program or similar volunteer programs to increase volunteer pool of senior companions/escorts)</li> </ul>
Commission Retreat Planning	C. Koss announced room is reserved at the SAS offices on Tuesday, November 16 from noon to 5pm. The county will need to know how many people we expect to have to be sure to set the room up in a way that allows for social distancing.
New Commissioner Orientation	C. Koss has binders, will get them to P. Wait. A. Carni reviewed materials in packets but need to update. P. Wait, A. Carni, and C. Koss is updating the materials. A. Carni will meet with P. Wait after the meeting about orientation.
New Business	P. Wait expressed interest in speakers to upcoming commission meetings.
<b>Reports</b>	
Area 4 Agency on Aging	C. Wyatt working with CDA on Hubs and Spokes Initiative. AAA4 is launching the new fiscal year and monitoring programs.
Aging Resources Exchange	C. Koss announced last meeting focused on housing options. August meeting will focus on services for older adults provided by the City of Sacramento and Meals on Wheels by ACC. Information and link to August meeting is listed below.
<b>Commission Membership Changes</b>	None
<b>Announcements &amp; Liaison Updates</b>	None
<b>Future Meetings</b>	
Announcement of dates of future meetings	Next Executive Committee/ROC meeting Wednesday, September 15, 1-3pm (virtual) <a href="https://csus.zoom.us/j/88550521679">https://csus.zoom.us/j/88550521679</a> Next Commission meeting Wednesday, September 22, 2-4pm (virtual) <a href="https://csus.zoom.us/j/88550521679">https://csus.zoom.us/j/88550521679</a> Next Aging Resource Exchange Tuesday, August 31, 9:30-11am (virtual) <a href="https://csus.zoom.us/j/95001564178">https://csus.zoom.us/j/95001564178</a>
Suggestions for future agenda items	None
Meeting Adjourned at 3:35pm. Minutes prepared by C. Koss	

# March 2018 Survey: What Do Older Adults Living in Sacramento County Need?



## Top Five Needs Identified in the Survey

1. Individual rides – Door to door transportation with helper/escort: 61% (1,616)
2. Affordable caregivers or housekeeping help: 59% (1,575)
3. Affordable housing: 53% (1,415)
4. Help finding senior services (individualized one-to-one help): 47% (1,243)
5. Maintenance person or "handyman" to fix things around the house: 43% (1,147)

## 2661 Respondents

- 71% identified as age 60+
- 44% provide care or help provide care
- 31% have a spouse or partner age 60+
- 23% have a parent age 60+

## Finding Help: Easy or Difficult?

VERY EASY	EASY	NEUTRAL	DIFFICULT	VERY DIFFICULT
1%	6%	57%	29%	7%
32	160	1,519	770	180

### Top five reasons finding help is difficult

1. I do not know where to look
2. I cannot afford senior services
3. I feel overwhelmed
4. I have no one to help me
5. I have a medical condition/disability

### Top five reasons finding help is easy

1. Friends, family, caregivers, or neighbors
2. Senior Centers
3. Community agencies
4. Senior resource guides
5. Websites/internet