

ADULT AND AGING COMMISSION

Wednesday, August 24, 2022

2:00 – 4:00 PM

Video Conference Meeting

<https://csus.zoom.us/j/88550521679>

Or phone (669) 900 6833

Meeting ID: 885 5052 1679

MINUTES

Item	Notes
<b>Welcome &amp; Introductions</b>	C. Koss called the meeting to order at 2:02 p.m., attendees introduced themselves.
<b>Roll Call</b>	Members Present: Patty Wait, Catheryn Koss, Rachael Hoskins, Eduardo Rubalcava, Debra Bonner, Theresa Abah, Dawn Angelo  Members Absent: April Carni (excused), Kristen Stauss (new member, excused)  Guests: Sondra Mattingly, Martha Haas, Bethney Bonilla, Melissa Jacobs, Dianna Quintanilla, Jessica Cardenas, Janeen Thorpe, Ruth MacKenzie, Heidi Richardson, German Ayon, Kim Johnson, Rebecca Sloan, Glen Smith, Jacy Miller
<b>Approval of May 25, 2022 and July 27, 2022 Minutes and August 24, 2022 Agenda</b>	Motion to approve the May and July minutes and August agenda. Dawn Angelo made motion, Patty Wait seconded, passed with no objections or abstentions.
<b>Public Comment</b>	None.
<b>Presentation:</b> Martha Haas and Deanna Quintanilla, Sac Co. Senior Volunteer Services	M. Haas presented a PowerPoint overview on Senior Companions program, Foster Grandparents, and Retired & Senior Volunteers Program (RSVP). M. Haas discussed that the Senior Companions program ended June of this year, and Senior & Retired Volunteers closed in March of this year. Reason for closing was due to Federal regulations are complexed and changes, along with Pandemic. All these programs were and still are part of AmeriCorps. M. Haas mentioned, as an example, prior to pandemic and changes to regulations, the RSVP had 340 volunteers and 158 outcome base placements. Outcome base placements are with agencies such as Meals on Wheels, and PACE to name a few.

	<p>R. Hoskins requested contact information for collaboration. T. Abah asked what happen to clients. M. Haas responded that clients were a part of agencies like PACE, Eskaton, Stanford Settlement and ACC, where they are receiving assistance.</p> <p>M. Haas ended with stating that there passion and commitment has not changed. They are looking for grants and if you hear of any, let them know, or how we can partnership.</p> <p>S. Mattingly discussed Foster Grandparents and how COVID impacted this program by volunteers not able to go to their assignments but something new came out of it, the Encouragement Project (inspirational words).</p> <p>D. Quintanilla explained upcoming goals for Foster Grandparents program which are return to old sites, look for new sites and recruitment.</p> <p>S. Mattingly added additional overview, benefits of how volunteering helped individual's with their health, and shared two success stories and the impact of a male volunteer.</p> <p>Discussed was the financial impact showing numbers from year 2018.</p> <p>P. Wait offered a link in the chat of upcoming volunteer programs.</p> <p>R. Hoskins inquired about vetting process. S. Mattingly responded with an overview of vetting process. M. Haas mentioned the site schools choose children to participate in program.</p> <p>E. Rubalcava asked can you not be low income. D. Quintanilla discussed that the program was designed for low income; comes from the fight on poverty in the 60's.</p> <p>C. Koss thanked speakers and slides are in chat and will be sent to commissioners.</p>
<p><b>Presentation:</b> Bethney Bonilla, UC Davis Transportation and Dialysis Study</p>	<p>B. Bonilla presented and discussed how they are studying transportation barriers for people with end stage kidney disease, aging and disabilities. Along with developing a comprehension look at are individuals able to gain access to food, volunteer opportunities, community centers, etc. We are looking at three different areas to gain information by interviewing patients, caregivers and providers; national transportation survey review; and creation of community advisory board, where we are looking at starting this Fall.</p>

	<p>For the advisory board, it will meet quarterly and compensated volunteer opportunities.</p> <p>B. Bonilla mentioned providing a study sheet to all attendees for review. C. Koss indicated added in chat for all to access. B. Bonilla requests to reach out if you would like to receive newsletter, and let them know of other groups they should be talking to for this study.</p> <p>P. Wait added contact information for Mobility Advisory Council.</p> <p>M. Jacobs will contact IHSS to get contact information.</p> <p>C. Koss thanked Bethney for presentation and slides and contact information is in chat and sent to commissioners.</p>
<b>AAC Business &amp; Initiatives</b>	
Commissioner recruitment and orientation materials	C. Koss provided copy of draft flyer to all in attendance and requests that commissioners show flyer to people and get feedback. P. Wait commented on disability information in the first paragraph.
Age-Friendly Initiative Commission Liaison	<p>P. Wait commented on her commission ending this year and discussed the benefits of this committee working with Heidi, as she keeps everything well organized and other county staff; with the opportunity of meeting and talking with the community. P. Wait mentioned that meetings are held on Thursdays once a month and they are currently working listening sessions.</p> <p>H. Richardson gave a great big thank you to Patty for all her work and contributions.</p> <p>M. Jacobs mentioned wanting to keep the listening sessions on going. Added, preference to have a commissioner involved.</p> <p>T. Abah volunteered to join.</p>
2023 Priorities & Action Plan: Room & Board Issue	C. Koss requests that this matter be deferred to next meeting. There were no objections to request.
New Business	None
Aging Resources Exchange suggestions for topics or speakers	C. Koss inquired if anybody have any ideas/speakers for rest of year. H. Richardson mentioned Lavender House, and Cal Aim; will look for a contact person. R. Hoskins will get contact information from a colleague for Lavender House. A. Carni mentioned receives Cal Aim newsletter on updates, will send to C.

	<p>Koss to distribute. Patty W. suggests Dept. of Aging (Master Plan); however, don't have a contact. A. Carni indicated that there is an update of Master Plan in newsletter and Long-term Care Insurance. R. Hoskins, suggests speaker on Parkinson. C. Koss expressed any ideas can be sent via email to Debra, Rachael or myself.</p>
New Business	None
<b>Reports</b>	
Liaison Reports	<p>E. Rubalcava reports In Home Support Services (IHSS) was scheduled today at 1:00 p.m. then changed to August 31<sup>st</sup>.</p> <p>H. Richardson mentioned that there has not been a Quorum for meetings to take place. C. Koss thanked Eduardo for his tenacity.</p>
Area 4 Agency on Aging	<p>G. Ayon provided update on events at A4AA. Diabetes and Cooking Matters classes being held in-person and video. Partnership with Lavender Gardens. Sacramento Regional Transit: reviewing Paratransit application for changes and updates. ADRC will meet October 12<sup>th</sup>.</p> <p>C. Koss invited A4AA to present at Aging Resources Exchange on ADRC.</p>
Aging Resources Exchange	<p>R. Hoskins discussed that ARE will meet on August 30<sup>th</sup> and will have a speaker presenting on CalAIM.</p> <p>C. Koss thanked Heidi and Melissa for making this connection happen.</p>
Sacramento County Age-Friendly Initiative	<p>P. Wait reports meeting with Friendship Park tomorrow. Heidi mentioned meeting with Ombudsmen next week.</p> <p>C. Koss asked when will data start rolling out from sessions. H. Richardson responded they are currently compiling and putting results together for publishing. Will provide more information at next meeting.</p>
<b>Commission Membership Changes</b>	C. Koss reports that this is Gaby's last meeting, as she is leaving to continue her education.
<b>Announcements</b>	C. Koss announced that we do have a new commissioner but unable to attend today due to conflict in schedule.
<b>Future Meetings</b>	C. Koss discussed that conference room has been reserved starting in October at the County Adult & Senior Services location. Then asked how are people feeling about in-person meetings?

	<p>H. Richardson reports working on space for November and possibly Hybrid meeting but will contact Rick to ensure we follow Brown Act.</p> <p>E. R reports that CDC is relaxing on in-person meetings.</p> <p>M. Jacobs added that there is a large room with spacing at county location requested.</p>
Suggestions for future agenda items	None