

**ADULT AND AGING COMMISSION**  
**Wednesday, May 26, 2021**  
**2:00 – 4:00 PM**  
**Video Conference Meeting**

**MINUTES**

Item	Minutes
<b>Welcome &amp; Introductions</b>	R. Hoskins called the meeting to order 2pm.
<b>Roll Call</b>	<p><b>Commissioners Present:</b> Rachael Hoskins, Debra Bonner, Preston Romero, Catheryn Koss, Patty Wait, Tom Johnson</p> <p><b>Commissioners Absent:</b> April Carni (excused), Megan Masten (excused)</p> <p><b>Others Present:</b> Ruth MacKenzie (Aging and Adult Services, guest), Vance Jarrard (BOS Liaison), Christine Luetke (Eskaton, guest), Gaby Hernandez (guest, appointment pending), Theresa Abah (guest, appointment pending), Clayton Wyatt (AAA4 Representative)</p>
<b>Approval of May 26, 2021 Agenda and April 28, 2021 Minutes</b>	C. Koss moved to approve the agenda and minutes, D. Bonner seconded, motion passed with no opposition or abstentions
<b>Public Comment</b>	none
<b>AAC Business &amp; Initiatives</b>	
Report on Senior Rally Day 2021	<p>G. Hernandez reported that can watch recorded video of rally: <a href="https://4csl.org/senior-rally-day/welcome/">https://4csl.org/senior-rally-day/welcome/</a>.</p> <p>Asked question about Master Plan on Aging. C. Koss suggested we try to get a speaker to update commission on Master Plan on Aging. Ruth MacKenzie suggested Kim McCoy Wade, head of Department of Aging as potential speaker for Master Plan on Aging. Koss will follow up with potential speaker.</p>
Report on meeting with BOS Chiefs of Staff	C. Koss reported on meeting May 20, 2021. Discussed shifting back to in person meetings. Vance Jarrard reported that legislation that would extend suspension of Brown Act made it out of committee, but is not urgent so may not become law. Suggested to plan to meet in person in June in case it is required.
Transition to in-person meetings	<p>Discussed whether some commissioners could still attend remotely and whether there is a room that could accommodate remote and in person. Need to get more information about the legal requirements from Rick Hyer. We could decide not to meet in June if not ready to meet in person. V. Jarrard stated expectation is that commission operates within the existing rules and is achieving its mission. According to the bylaws, the commission is required to meet at least 10 times per year. Discussed that some commissioners would be more comfortable meeting in person but in a different place. R. MacKenzie offered meeting space in their office. V. Jarrard offered space in downtown county office building.</p> <p>C. Koss moved to cancel June commission and executive meetings to give the Commission time to explore options. R. Hoskins seconded the motion. The motion passed with no objections or abstentions. Between now and the July</p>

	meeting the Executive Committee will explore options for in person-meeting space and potential for remote meetings.
Commission Retreat planning	P. Romero is going over past planning for retreats. Asked for suggestions from Commissioners.
Progress report on Aging Resources website	C. Koss reported that the Gerontology students have developed several draft pages. The same 12 students will return in the fall to continue working on the project.
Updating Commissioner Skills Inventory	P. Wait reported that she shared with A. Carni the skills inventory she had done a couple of years ago. It would be good to update it.
COVID-19 county update	<p>T. Johnson reported that vaccinations are widely available in the county, but we may be hitting a limit on vaccinations in terms of those willing to get vaccinated.</p> <p>C. Koss shared an announcement from Angela Gibson (posted at last Aging Resources Exchange meeting):</p> <p>“From Angela Gibson Sac County Public Health : COVID-19 Vaccine Information can be found at the following link:  <a href="https://www.saccounty.net/COVID-19/Pages/CoronavirusVaccine.aspx">https://www.saccounty.net/COVID-19/Pages/CoronavirusVaccine.aspx</a>  including how to request a mobile vaccine clinic for a business or congregation, find a vaccine clinic near you and information on the latest guidelines for vaccinated individuals. Sac RT is currently offering free rides to COVID Vaccine appointments. Everyone age 12 and over is now eligible to receive a vaccine.”</p>
New Business	<p>R. Hoskins raised the potential issue to address is the stability of low-income senior subsidized housing as the older facilities reach contract expiration dates (need to monitor to see how many renew status and how many convert to market rate housing).</p> <p>P. Wait raised need for update on county’s Age Friendly initiative. R. MacKenzie reported that efforts are centered currently in Aging and Adult Services. R. MacKenzie and H. Richardson are working on process. The next step will be to hold listening sessions. The county is hoping to hold those in person. They will use the data from the 2018 AAA4 survey rather than doing a new survey. D. Morrow’s investigation revealed that the County is already doing a lot that is consistent with Age-Friendly principles. P. Wait asked for update about training staff on age-friendly principles and ageism. R. MacKenzie reported that staff training is currently informal and voluntary at this stage. She will check into whether training materials can be shared with the Commission. C. Koss shared link to national Ageism First Aid training developed by American River College faculty Laurinda Reynolds.  <a href="https://www.geron.org/programs-services/education-center/ageism-first-aid">https://www.geron.org/programs-services/education-center/ageism-first-aid</a>.</p>
<b>Reports</b>	
ROC	P. Romero is working with Glen Smith on Commissioner orientation binders. There are three pending appointees and two more who may be interested in applying. V. Jarrard reported that language for recruitment materials is approved by county, so P. Romero will share with Commission and begin to circulate.
Area 4 Agency on Aging	C. Wyatt reported that agency is still working on logistics for transitioning back to working in person. The Request for Proposals process is almost over. Will have updates on new contracts by August meeting. Dine at Home

	<p>program ended April 30. More than 290,000 meals were served with 15 participating restaurants. Have transitioned 175 clients to Meals on Wheels. R. Mackenzie expressed thanks to AAA4 for partnering with the county on this effort.</p>
<p>Aging Resources Exchange</p>	<p>D. Bonner reported Society for the Blind and CTAP were presenters at May 25<sup>th</sup> Aging Resources Exchange meeting. Shared information about services and technology to help people with vision or hearing loss stay engaged and independent. Supplemental materials and a recording of the presentation can be viewed at: <a href="https://mailchi.mp/564dbe695bcf/aging-resources-may252021followup?e=[UNIQID]">https://mailchi.mp/564dbe695bcf/aging-resources-may252021followup?e=[UNIQID]</a>.</p>
<p><b>Commission Membership Changes</b></p>	<p>None</p>
<p><b>Announcements &amp; Liaison Updates</b></p>	<p>D. Bonner attended Health and Human Services Commission meeting. Focus of meeting was on 211 challenges and what could be improved. 211 has hired more people and are trying to improve services. St. Francis House has produced the Street Sheet with resources, but will be shifting to 211 website temporarily.</p> <p>C. Koss shared announcements made in Aging Resources Exchange: <a href="https://us20.admin.mailchimp.com/campaigns/show?id=13404786">https://us20.admin.mailchimp.com/campaigns/show?id=13404786</a>.</p>
<p><b>Future Meetings</b></p>	
<p>Announcement of dates of future meetings</p>	<p>No Executive or Commission meetings in June.</p> <p>Next Executive Committee/ROC meeting Wednesday, July 23, 1-3pm (location TBD)</p> <p>Next Commission meeting Wednesday, July 28, 2-4pm (location TBD)</p> <p>Next Aging Resource Exchange Tuesday, July 21, 9:30-11am (virtual)</p> <p><a href="https://csus.zoom.us/j/95001564178">https://csus.zoom.us/j/95001564178</a></p>
<p>Suggestions for future agenda items</p>	<p>Master Plan on Aging update</p>
<p>Meeting Adjourned at 3:08pm Minutes prepared by C. Koss</p>	