

**ADULT AND AGING COMMISSION
Wednesday, February 24, 2021
2:00 – 4:00 PM
Video Conference Meeting
MINUTES (APPROVED)**

Item	Minutes
Welcome & Introductions	A. Carni called the meeting to order 2:01 pm.
Roll Call	<p>Commissioners Present: Debra Bonner, April Carni, Rachael Hoskins, Tom Johnson, Catheryn Koss, Megan Masten, Preston Romero, Patty Wait</p> <p>Commissioners Absent: none</p> <p>Others Present: Ruth MacKenzie, Roseanne Bernardy (ex-officio), Gaby Hernandez (guest), Clayton Wyatt (AAA4 Representative), Noé Noyola (guest speaker from City of Sacramento), Vance Jarrard (ex-officio for Sacramento County Board of Supervisors), Cameron Grannis (guest from City of Sacramento), Brianna Moland (guest speaker from City of Sacramento), Raymond Costantino (guest from City of Sacramento), Robert Van Cleef (guest)</p>
Approval of February 24, 2021 Agenda and Jan. 27, 2021 Minutes	P. Romero moves to approve, T Johnson seconded, motion passes with no opposition or abstentions
Public Comment	none
Presentation	<p>Brianna Moland and Noé Noyola, City of Sacramento Youth, Parks, and Community Enrichment Department and other City Representatives presented on the updating of the Parks Master Plan and asked for feedback on priorities and issues in terms of parks and other services. Aspects of the plan include parks, programs for youth, and community enrichment. One important focus is on equity/equality to try to address the areas with quality of parks and services in different areas of the city. Staff asked attendees to complete on-line short poll and then asked for priorities for park services. Feedback included:</p> <ul style="list-style-type: none"> • Older adults enjoy parks and activities and volunteerism, suggest looking at developing intergenerational programs • Survey older adults to find out what activities they would be interested in, don't assume older adults can't do physical activity • Develop more volunteer activities that allow for socializing and giving back • Safety concerns may prevent some older adults from using parks – fear of falling due to uneven pavement and accessible facilities and concerns around conditions resulting from homeless population • Many older adults go to senior centers which tend to be segregated to older adults, but other parks may not feel as welcoming to older adults, associated with youth, suggest reaching out to service centers to build stronger partnerships and leverage resources • If a park can accommodate kids and older adults, everyone will feel included, universal design – playgrounds for all ages (not just for

	<p>children), benches for everyone (not just for older adults), why break programs and services by age groups?</p> <ul style="list-style-type: none"> • Concern about the name of the department and program names/marketing (emphasis on youth, may not make older adults welcome) • There are some times when programs should be targeted to specific populations (e.g., kids-only programs, dementia-friendly spaces) • Older adults feel when they go to community centers, perception by older adults is community centers are for younger people and tend to prioritize youth programs over programs for older adults (shared example of classes canceled at community centers when conflicts happened with youth programs even though the classes were well-attended by older adults) • Important to look at surrounding neighborhoods to see age distribution • Important though marketing and community outreach to challenge ageism and stigma and be welcoming to all ages • Pickleball is growing in popularity for all ages • Would like to see more places where grandparents can take kids to do things together actively, safe equipment that can be used by all ages • Careful about language, preferred term is “older adult” <p>City representatives will continue collecting community feedback through the spring and are actively looking for other groups to meet with</p>
AAC Business & Initiatives	
Nominations and vote for Chair	C. Koss nominated A. Carni for Chair, P. Romero seconded motion. Motion passed unanimously with no opposition or abstentions
Nominations and vote for Recruitment & Orientation Committee (ROC) Chair	C. Koss nominated P. Romero for ROC Chair, R. Hoskins seconded motion, passed unanimously with no opposition or abstentions
Nominations and vote for other leadership positions (if vacant after filling ROC Chair and Chair positions)	We will be taking nominations for Vice-Chair and voting at the March meeting, the responsibilities of Vice-Chair are to step in to the Chair’s role in the absence of the Chair and attend the Executive and Commission meetings monthly (may also attend quarterly meetings with BOS chiefs of staff)
Call for members to serve on ROC	P. Romero called for volunteers to serve on ROC.
Proposal to temporarily combine ROC and Executive Committee meetings until ROC adds members	<p>A. Carni suggested ROC and Executive meetings be combined, P. Romero agreed with that.</p> <p>C. Koss has been updating the Commissioner roster. Will help to analyze what districts we would like to be sure are represented</p> <p>C. Koss will ask Heidi Richardson to change the ROC meeting time listed on the website to be the same as the Executive Meeting</p>
Appointment of Debra Bonner as liaison to the Human Services Coordination Council	<p>A. Carni announced the appointment of D. Bonner as liaison to the Human Services Coordination Council. We have one more position on that Council.</p> <p>A. Carni will provide information about meetings.</p>

Appointment of Megan Masten as liaison to First 5 Advisory Committee	A. Carni announced the appointment of M. Masten as liaison to First 5 Advisory Committee. A. Carni will provide information about meetings.
County Budget Training Feedback and Update	P. Wait requested funding from the County for a position to coordinate the Age-Friendly Initiative. R. MacKenzie summarized the presentation (which is also recorded and available on-line), the best time to get funding proposals to Department level is early November. Important to contemplate the ask and sources of potential funding early. The link to the budget training recording is: www.youtube.com/channel/UCnOUhsMipuGIkvtSmV49nvA
Potential partnership with Sacramento State Gerontology Department on Aging Resources website	C. Koss described effort by Gerontology students to build a resource directory for Sacramento County. Asked the Commission to consider partnering on this project. In the future, may add an agenda item to give updates on the project and ask for input.
Recruiting new Commissioners	Two prospective Commissioners attended the meeting as guests. ROC will follow up with them about applying to be on the Commission. P. Romero encouraged Commissioners to continue to reach out to prospective Commissioners.
New Business	None
Reports	
ROC	No further action
Area 4 Agency on Aging	C. Wyatt reported that AAA4 is in the process of the RFP process and devoting a lot of time and resources meeting the nutrition needs of older adults. Last year, AAA4 started a shared housing project, but that project has been on hold. Hopefully it will restart in the coming months.
Aging Resources Exchange	February's topic was on delivering services remotely to older adults. Speakers were Susan Sarina of ACC and Debra Bonner of El Hogar SeniorLink. About 30 people attended. A recording of the presentation can be watched here: https://csus.zoom.us/rec/share/6LMRigTwZueO89Qaf9Iv7bYLPFKRFzp3-eFpmQ72odcb_cTtGZ-gaRpBpUCU5rw.hyyusEyGWkDDTy36 Next month's topic is home safety with Carrie Grip of Rebuilding Together and Jennifer Rubin of Dignity Health/StopFalls Sacramento.
Commission Membership Changes	
Automatic removal of Chandra Alston from Commission for failure to attend three consecutive meetings without justification or excuse, per Bylaws	A. Carni explained that Chandra Alston has not attended any meetings and has not been able to be contacted.
Need to update County's list of Commissioners	C. Koss has prepared a letter to the County asking them to update the roster to reflect recent resignations or missing more than three meetings without excuse

	or justification. We will ask the county to update the official roster to more accurately reflect the active Commissioners.
New member Megan Masten (appointed 2/9/2021)	Welcome to M. Masten!
Announcements & Liaison Updates	<p>P. Wait announced that 2/25/2021 there will be a meeting with the City of Sacramento about the Age-Friendly plan. Several commissioners will attend and will report at the next meeting</p> <p>T. Johnson advocated for a regular update from the county to the Commission on COVID-19 vaccinations and testing. T. Johnson offered to provide an update. P. Wait asked R. MacKenzie if the county has the capacity to report to the Commission. R. MacKenzie expressed interest but concern that the county does not have the staff capacity to provide regular reports. The agenda item can be added to future meeting agendas and T. Johnson can give brief updates.</p>
Future Meetings	
Announcement of dates of future meetings	<p>Next Executive Committee/ROC meeting Wednesday, March 17, 1-3pm https://csus.zoom.us/j/88550521679</p> <p>Next Commission meeting Wednesday, March 24, 2-4pm https://csus.zoom.us/j/88550521679</p> <p>Next Aging Resource Exchange Tuesday, March 30, 9:30-11am https://csus.zoom.us/j/95001564178</p>
Suggestions for future agenda items	<p>COVID-19 county updates</p> <p>Sac State Gerontology students' Aging Resources website updates</p>
Meeting Adjourned at 3:30pm Minutes prepared by C. Koss	