

ADULT AND AGING COMMISSION

Wednesday, July 27, 2022

2:00 – 4:00 PM

Video Conference Meeting

<https://csus.zoom.us/j/88550521679>

Or phone (669) 900 6833

Meeting ID: 885 5052 1679

AGENDA

Item	Lead Person	Action
Welcome & Introductions	Chair	Discussion
Roll Call	Secretary	None
Approval of May 25, 2022 and June 22, 2022 Minutes and July 27, 2022 Agenda	Chair	Discussion and vote
Public Comment	Open Forum	None
AAC Business & Initiatives		
2023 Commission Priorities	Chair	Discussion
Commissioner recruitment and orientation materials	Chair	Discussion
Aging Resources Exchange suggestions for topics or speakers	Chair	Discussion
New Business	Open Forum	Discussion
Reports		
Liaison Reports	Open Forum	Discussion
Area 4 Agency on Aging	AAA4 Rep	Discussion
Aging Resources Exchange	ARE Co-Chairs	Discussion
Sacramento County Age-Friendly Initiative	P. Wait	Discussion
Commission Membership Changes	Chair	None
Announcements	Open Forum	Discussion
Future Meetings		
Suggestions for future agenda items	Open Forum	Discussion

ADULT AND AGING COMMISSION

Wednesday, June 22, 2022

2:00 – 4:00 PM

Video Conference Meeting

MINUTES

Item	Minutes
Welcome & Introductions	C. Koss called the meeting to order at 2pm, attendees introduced themselves
Roll Call	Commissioners in Attendance: P. Wait, C. Koss, E. Rubalcava, D. Angelo, R. Hoskins, A. Carni Commissioners Absent: D. Bonner (Excused), T. Abah (Excused) Others in Attendance: Heidi Richardson, Clayton Wyatt, Barbara Aved, Karleen Ballmer, Karli Holkko
Approval of June 22, 2022 Agenda	E. Rubalcava moved to approve agenda, P. Wait seconded motion, motion passed with no objectives or abstentions The approval of the May meeting minutes was postponed until the next Commission meeting
Public Comment	No public comment
Sacramento County Oral Health Needs Assessment Learning Session	Barbara Aved facilitated a brainstorming session about dental health needs in Sacramento County. Commissioners offered to assist with distribution of online dental needs survey.
AAC Business & Initiatives	
Liaison positions update	C. Koss asked commissioners to provide updates on liaison roles and appointments.
Commissioner recruitment	D. Angelo is newest member of commission. P. Wait reported on presentation to Renaissance Society about serving on commission. C. Koss reported that Debra Larson expressed interest in serving on Commission after she retires from APS next year. At next meeting, Commission will review the county's webpage and our recruitment materials and discuss changes or updates.
New Business	No new business
Reports	
Liaison Reports	No liaison reports
Area 4 Agency on Aging	C. Wyatt informed commission that AAA4's fiscal year ends June 30, so the agency is busy closing out the year. There will be a new AAA4 representative attending commission meetings started in July. C. Koss gave a brief update on the Sacramento County ADRC initiative based on a meeting she attended.
Aging Resources Exchange	R. Hoskins reported that the SPCA will present at the June 28 Aging Resources Exchange meeting.

Sacramento County Age-Friendly Initiative	P. Wait and H. Richardson provided an update on the county’s age friendly initiative. The county conducted listening sessions with the Renaissance Society and Norcal. Have completed 9 listening sessions in total with 125 participants. The listening sessions have been so useful that they will continue on an ongoing basis to continue to inform SAS. In 2023, the age-friendly action plan will be developed based on the results of the listening sessions. The commission is requested to help with this by providing feedback and edits to the draft plans.
Commission Membership Changes	G. Hernandez is stepping off the Commission due to moving out of the county. D. Angelo was recently appointed to the Commission.
Announcements	No announcements
Meeting Adjourned at 3:30pm	

Adult & Aging Commission

The Sacramento County Adult and Aging Commission tracks aging trends, monitors services, and listens to input from providers of services and from the public. The Commission presents elected officials with detailed information about resources and needs that can help guide Sacramento County decision makers in matters concerning older and dependent adults. The Commission will act through advocacy, information, and service.

HISTORY

The Commission was established by the Sacramento County Board of Supervisors in November 1972. The Board recognized that Sacramento County needed a more coordinated effort in providing services to the county's older and dependent population. Creation of the Commission also made the County eligible for funds earmarked specifically for senior services.

WHAT WE DO

- Advise the Board of Supervisors on matters relating to older and dependent adults
- Promote and oversee development of services for older and dependent adults
- Educate and inform the community about the needs and concerns of older and dependent adults
- Inform older adults and their families about available community resources and services
- Seek alternatives to institutionalization by supporting programs that help older and dependent adults
- Build partnerships within the community
- Examine older and dependent adult issues
- Oversee the adult protective services system
- Advocate for sustained human services programs and resources



JOIN US!

Volunteers from Sacramento County's diverse community are encouraged to apply to become a member of the Adult and Aging Commission.

MEMBERSHIP

Commissioners are appointed by the Sacramento County Board of Supervisors. Applications may be requested from the Clerk of the Board, (916)874-5451, or obtained online at: www.socb.saccounty.net/pages/boards.html. Completed applications can be mailed to the Clerk of the Board, 700 H Street, Suite 2450, Sacramento, CA 95814.

QUALIFICATIONS

Must be a resident of Sacramento County. A majority of the members shall be at least 50 years old. Members shall represent the County's geographic areas, neighborhoods, consumers, providers, and ethnic and minority populations. Members shall be selected according to their interest/experience in the areas of protective services, advocacy, outreach/education, healthy/mental health, and special services such as transportation.

AREAS OF ADVOCACY

- Transportation
- Health Care Issues
- Options
- Aging
- State and Federal laws
- Isolation Mitigation
- Demographics
- Housing Alternatives

MEETINGS

- Public Participation can improve results. All Adult and Aging Commission meetings are open to the public.
- Meeting Location: Sacramento County Public Health Facility, 4600 Broadway, Room #2020, Sacramento, 95820

Join Us!

Sacramento County Adult & Aging Commission

General Session Meetings are Held on the 4th Wednesday of each month from 2-4pm at 4600 Broadway #2020



Volunteers from Sacramento County's diverse community are encouraged to apply to become a member of the Adult and Aging Commission.

Commissioners are appointed by the Sacramento County Board of Supervisors. Applications may be requested from the Clerk of the Board, (916) 874-5451, or obtained online: www.sccob.saccounty.net/pages/boards.html.

Completed applications can be mailed to the Clerk of the Board, 700 H Street, Suite 2450, Sacramento, CA 95814.

Qualifications: Must be a resident of Sacramento County and must be at least 18 years of age.

Term: Three years (unless appointed to fill an unexpired term)

Time Commitment:

- Monthly Commission meetings (10 - 11 per year).
- Monthly standing committee meetings (10 - 11 meetings per year). The Executive Committee does not substitute for a standing committee.
- Participate in at least two outreach activities per calendar year that promote the Commission. This may be in the form of a presentation and/or a Commission outreach activity, such as a health fair.
- Ad hoc committees (as appointed).
- Liaison to other advisory bodies (as appointed).
- Liaison to designated Focal Points (as appointed).

Job Description:

Commissioners participate in planning and carrying out the purpose of the Sacramento County Adult and Aging Commission, taking a proactive approach when accomplishing the following:

- Providing analysis and advice to the County Board of Supervisors and appropriate county/city departments; this includes identifying strategies and directions, researching developing trends, and monitoring progress.
- Involvement in special projects and new undertakings; increase public awareness on issues relating to seniors and dependent adults; and seek support from organizations on behalf of the Commission, coordinating efforts with relating agencies when possible.

Duties/Responsibilities:

The duties and responsibilities of voting members of the Commission are as follows:

- Attend Commission meetings and participate on at least one standing committee.
- Come to meetings prepared, having read and considered agenda materials in advance.
- Represent the Commission and serve as a disseminator of information to the general community at least two times per calendar year. This may be in the form of a presentation and/or Commission activity, such as a health fair.
- Make reports to the Commission.
- Serve, when feasible, as an official Commission liaison with at least one other entity.
- Have knowledge of the Commission's Program of Work and objectives; demonstrate a commitment to the Commission's purpose.
- Recruit new potential applicants for the Commission and/or Committees.
- Represent the position of the Commission.
- Increase public awareness of senior issues; seek support from organizations throughout the community on behalf of the Commission.

Desired Traits:

- Have a working knowledge of matters relating to dependent and older adults.
- Be proactive in seeking out information.
- Represent the ideas and needs of the community/constituency.
- Demonstrate a tolerance of differing points of view; appreciate diversity; make constructive suggestions and help to make group decisions reflecting the thinking of the total group.
- Be forthright.
- Be aware of and avoid the dangers of conflicting interest.
- Be available for special assignments.
- Make thoughtful and well-analyzed decisions.
- Be actively engaged in discussion, process, and meetings by offering knowledge and resources.
- Accept leadership roles.

Department of Child, Family and Adult Services

Sacramento County Adult and Aging Commission

The Sacramento County Adult and Aging Commission is made up of volunteers who track aging trends, monitor services, and listen to input from service providers and the public. The Commission was created to report to the County Board of Supervisors about resources and needs concerning older adults and people with disabilities, their families, and their support networks.

The roles of the Adult and Aging Commission are to:

- › Advise the Board of Supervisors on matters relating to older adults and people with disabilities
- › Promote development of services for older adults and people with disabilities
- › Educate and inform the community about the needs and concerns of older adults and people with disabilities
- › Inform older adults and their families about available community resources and services
- › Seek alternatives to institutionalization by supporting programs that help older adults and people with disabilities
- › Build partnerships within the community
- › Examine issues that impact older adults and people with disabilities
- › Advocate for sustained human services programs and resources

Adult and Aging Commission Chair: Catheryn Koss

Adult and Aging Commission Vice-Chair: Rachael Hoskins

Adult and Aging Commission Secretary: Debra Bonner

Commissioner Orientation Materials

Aging Resources Exchange

Adult and Aging Commission Meeting

Fourth Wednesday of each month

2:00 to 4:00 pm

Join Zoom Meeting

<https://csus.zoom.us/j/88550521679>

Or phone (669) 900 6833

Meeting ID: 885 5052 1679

Adult and Aging Commission Meetings, Agendas and Minutes 2022

Adult and Aging Commission Meetings, Agendas and Minutes 2021

Adult and Aging Commission Meetings Agendas and Minutes 2020

Adult and Aging Commission Meetings Agendas and Minutes 2019

Executive Committee Meeting

Third Wednesday of each month

12:00 noon to 1:00 pm

Join Zoom Meeting

<https://csus.zoom.us/j/88550521679>

Or phone (669) 900 6833

Meeting ID: 885 5052 1679

Executive Committee Meetings, Agendas and Minutes 2022

Executive Committee Meetings, Agendas and Minutes 2021

Executive Committee Meetings Agendas and Minutes 2020


Executive Committee Meetings Agendas and Minutes 2019

The Recruitment Orientation Committee merged with the Executive Committee in 2022

Recruitment Orientation Committee (ROC) Agendas and Minutes 2021

Recruitment Orientation Committee (ROC) Agendas and Minutes 2020

Recruitment Orientation Committee (ROC) Agendas and Minutes 2019

 [**AAC 2022 Calendar**](#)

 [**2021 AAC Annual Report**](#)

 [**AAC Bylaws**](#)

 [**Sacramento County Boards and Commissions**](#)

 [**Application Form**](#)

FACILITY LOCATIONS

DIVISIONS

- › [Administration](#)
- › [Child Protective Services](#)
- › [Senior and Adult Services](#)

QUICK LINKS

- › [Become a Resources Family for Local Foster Children](#)
- › [In Home Supportive Services Application Process](#)
- › [Scholarship Program](#)

REPORT ABUSE

- › [Child Abuse](#)
- › [Elder and Dependent Adult Abuse](#)

CONTACT US

Connect with Sacramento County



Translation Disclaimer
