

FIRST 5 SACRAMENTO COMMISSION
HSCC Update
December 2019

HIGHLIGHTS OF LAST COMMISSION MEETING – December 2, 2019

- Review & Adopt F5 FY18/19 Annual Report to the Legislature
- Review & Adopt F5 FY18/19 Financial Audit
- Approval of Community Connections Grants
- Nominate and Appoint 2020 Vice Chair

HIGHLIGHTS OF UPCOMING MEETING – Jan 6, 2020

- Approve 2021 Strategic Planning Elements
- Presentation: Evaluation of Efforts to Reduce African American Child Deaths

STATE AND LOCAL UPDATES

2021 Strategic Planning

The Commission has officially begun its 2021-2024 Strategic Planning process. A workgroup approved a revised Vision Statement and Strategic Principles, as well as criteria which members will use to prioritize result areas. The members received an extensive data “dump” of over 50 indicators related to child health & development and family functioning. Additionally, the group reviewed data from the community needs assessment survey of parents and providers. On November 21, the workgroup prioritized result areas, which enabled staff to update the Strategic Hierarchy and the dollars to be allocated to each result area in the hierarchy. We have two additional Strategic Plan Workgroup meetings scheduled over the next 2 months. County staff are invited to join us in these public meetings.

F5 CA Commission Approves Home Visiting Coordination Grant Funding

F5 CA Commission has approved up to \$24 million through June 2025 to help counties draw down available home visiting dollars. The need for coordination and collaboration across local home visiting programs has never been more critical as local entities stretch their capacity to draw down the significant amount of available home visiting funding (more than \$230 million in the 2019–20 Budget), and ensure vulnerable families can access critical services and supports. The purpose of this one-time, multi-year funding is to help counties create a sustainable, unified home visiting system that supports families with the services they need and maximize available funding to serve more families. First 5 Sacramento will apply for these non-competitive funds within the next few months to expand our current Home Visiting Coordination activities.

F5CA’s IMPACT (Improve and Maximize Programs so All Children Thrive)

IMPACT is a \$190 million investment over five years that will sunset in June 2020. F5CA recently allocated \$103 million to IMPACT 2020 to continue some current strategies and to allow transition time as the Governor’s master plan for early childhood education and care is developed. F5CA will release an RFP in December 2019 and First 5’s will have the first right of refusal. Staff are working with our early care and learning partners to explore the Commission’s role in IMPACT, as well as local efforts to target more Family, Friend and Neighbor providers, in addition to licensed childcare providers.

Census 2020 Update

The Commission continues to play a key role in Census 2020 planning. First 5 formed a 0-5 Hard-to-Count Committee earlier this year to focus on local outreach for the 2020 Census. The Commission will continue to recruit outreach partners, contribute toward the development of key messages and distribute Census swag and other resources to communities across the county. More information on the census at: census2020.saccounty.net.

Statewide Sharing of Certified Sustainable Initiative

On November 6, First 5 staff presented a statewide webinar on the topic of *Addressing First 5 Sustainability through Grantee Capacity Building*. Staff shared the First 5 Sacramento experience of developing, launching and evaluating our groundbreaking Certified Sustainable Initiative. There was immense interest from county commissions, resulting in many requests for related templates and documents.

Sac Business Journal (SBJ) Partnership

In our continued partnership with SBJ, we are utilizing an online platform called The Hub to further engage with local businesses. This third article *How the nonprofit brand affects sustainability*, features our funded partner, Her Health First, sharing about the benefits to their agency by creating a sustainability plan. There is also a digital ad component that ties in nicely and reinforces the First 5 message: "Investing in children and families makes economic cents." We continue to highlight the accomplishments of our contractors on the First 5 LinkedIn page.

Department of Health Services
Report to Human Services Coordinating Council
December 2019

- Meetings with new interim DHCS Director, Richard Figueroa, Senator Pan and others regarding Medi-Cal Reform
- New funds have been awarded for expansion of MHS Community Services and Supports
- Health Center (4600 Broadway) is performing well

Peter Beilenson, MD, MPH



Older Americans Celebration

The Commission, in partnership with Sacramento Aging 2.0, organized the first annual *Older Americans Celebration* on May 7 to highlight how older adults contribute to the strength and vitality of our community. Over one hundred attendees learned about important county and non-profit programs and initiatives. The event honored our “5 over 50” awardees – one from each of the five county districts – for their excellent work making Sacramento County a great place to live.

The event was topped off with the *Innovation in Aging* pitch competition when innovators presented their business ideas addressing some of the challenges of aging in inspiring and creative ways.

Special thanks to the Sacramento County Supervisors and staff, event sponsors, participating agencies, committee members, and volunteers who helped make this first annual event such a success.



Aging Resources Exchange

The commission hosted eleven educational breakfasts for professionals working with older adults and others interested in learning about aging issues and resources. Meetings included networking, enjoying a delicious breakfast, and hearing presentations from non-profit and government service providers. This year’s speakers were:

- Christy Adams and Jennifer Rubin, StopFalls Sacramento
- Jennifer Berdugo, AARP California
- Michelle Nevins, Del Oro Caregiver Resource Center
- Will Tift, Agency on Aging/Area 4
- Lorena Carranza and Sally Fifield, Sacramento Food Bank & Family Services
- Debra Larson, Adult Protective Services
- Rick Pearson, Sacramento County Public Administrator/Guardian/Conservator Programs
- Jennifer Anders-Gable, Legal Services of Northern California
- Connie Samla and Leslie Adorno de Chacing, SMUD
- Carolynn Washington, HICAP
- Donna Jensen, Sacramento State University Gerontology Department

Special thanks to our 2019 presenters, SMUD, and Sacramento Embarcadero Lions Club.

Aging Resources Exchange meetings are held the last Tuesday of every month (except December) from 9:30 – 11a.m. at Sacramento Sheriff’s South Office Community Room A, 7000 65th Street, Sacramento. They are free and open to the public. For more information, email koss@csus.edu.

Age-Friendly Community

The Commission voted to recommend that Sacramento County join the AARP Age-Friendly Network. The network provides local and state governments resources to become better places to live for people of all ages, especially older adults. An ad hoc working group assisted County consultant, Debra Morrow, to gather information about local assets and programs that already make Sacramento County an age-friendly community.

Outreach and Engagement

To facilitate collaboration and information sharing, commissioners served as liaisons to over 20 local partner agencies, such as Cordova Senior Activity Center, Asian Community Center, and StopFalls Sacramento. Special opportunities for engagement included participating in the Placer Sacramento Gateway Plan Stakeholder Meeting on April 23 and United States Congresswoman's Doris Matsui's Aging & Families Roundtable on August 7.

Looking Forward to 2020

In 2020, the Commission will continue efforts that make Sacramento a great place to age.

We look forward to continuing our public education programs, including the monthly Aging Resources Exchange and the second annual *Older Americans Celebration* in May.

The Commission has identified the following priority initiatives for 2020:

- Address the challenges of **affordable, accessible, and safe housing** for older adults, including those in room and board homes
- Ensure that all older county residents are counted in the **2020 Census**
- Support the county's efforts as it considers joining **AARP's Age-Friendly Network**
- **Increase awareness of and access to existing programs and services** for older adults, people with disabilities, and caregivers, including exploring the Aging and Disability Resource Connection (ADRC) model

About the Commission

The Sacramento County Adult and Aging Commission is comprised of volunteers who track aging trends, monitor services, and listen to input from service providers and the public. The Commission was created to report to the County Board of Supervisors about resources and needs concerning older and dependent adults, their families, and their support networks.

The Commission meets on the fourth Wednesday of each month from 2-4pm at 4600 Broadway, Room 2020 in Sacramento. Members of the public are welcome to attend. The Commission is actively recruiting new members. For more information, go to <https://dcfas.saccounty.net/SAS/Pages/Adult-and-Aging-Commission.aspx> or email Casey Simon, rc.dcr@chancellorhealthcare.com.

2019 Commissioners

April Carni*	Teresa Ogan
Mayue Carlson	Maria Padilla-Castro
Palvinder Dhillon	Emanuel Petrisor
James Donovan*	Joseph Samora*
Rachael Hoskins	Casey Simon*
Lynn E. Humphries	Marie Susaan
Thomas Johnson	Susan L. Takahashi*
Leslie Julianel	Keri Vogtmann
Linda Kingsbury	Patricia Wait*
Catheryn Koss	Marshal Wilkerson
Silvia Molina	

*served on the Executive Committee during 2019