

# Sacramento County Human Services Coordinating Council

## Meeting Minutes

May 11, 2017

### Meeting Location

Dept. of Human Assistance  
2700 Fulton Ave  
Sacramento, CA. 95821  
Conference Room 58

**Facilitator:** Robert Silva Jr. – Chair

**Staffed by:** Jenniffer Fong

### Meeting Attendees:

- HSCC Members – Ernie Brown, Paula Green, Randy Hicks, Erica Jaramillo, Rosemary Jones, Leslie Julianel, Collette Johnson-Schulke, Raymond Kemp, Steve Orkand, Robert Silva Jr., Paul Tanner
- Ex-officio Members and Liaisons/Department Heads – Gladys Deloney (DHA), Sherri Z. Heller (DHHS)
- Guests – Heather Damon, Amira Khlok, Effie Ruggles, Lisa Sabillo

### Absent Members:

- Melinda Avey, Cindy Cavanaugh (Ex-Officio), Addie Ellis, Florence Evans (Ex-Officio), Julie Gallelo (Ex-Officio), Sandra Jackson, Paul Lake (Ex-Officio), Erin Maurie (Ex-Officio)

## Sacramento County Human Services Coordinating Council

Topic	Minutes
Call to Order/Introductions	Chair called the meeting to order and introductions were made.
Approval of April 13, 2017 Minutes	Approval of April 13, 2017 Minutes: Randy Hicks moved to approve, Ernie Brown Seconded; Minutes Approved.
Chair's Report	<ul style="list-style-type: none"> <li>• Debrief Quarterly Briefing with the Chiefs of Staff: <ul style="list-style-type: none"> <li>▪ 2017 Goals were presented to the Chiefs. Chiefs were pleased and appreciative of the time and efforts put forth revamping the nomination form for the Heroes of Human Services Awards. Minor revisions to the form were suggested.</li> <li>▪ Heroes Awards Ceremony is scheduled for Tuesday, November 7<sup>th</sup> at Board of Supervisors Meeting.</li> <li>▪ Safety Net – CPAC update. A handout showing CPAC locations visited and upcoming visits was provided. At the conclusion of these visitations, the committee will gather the CPAC data from three years ago and make comparisons to the data now.</li> </ul> </li> <li>• Upcoming Presentations: <ul style="list-style-type: none"> <li>▪ JUNE: Wendie Skala, Trauma Injury Prevention Coordinator for Kaiser Permanente will speak on Adverse Childhood Experience and Resiliency and how adversity as a child affects one as an adult.</li> <li>▪ JULY: No presentations, we will be taking the month off for summer break</li> <li>▪ AUGUST: Cindy Cavanaugh will present on “No Place Like Home”</li> <li>▪ Need presentation ideas for the remainder of the year. <ul style="list-style-type: none"> <li>○ Randy Hicks noted The Hagginwood Center would like to present to the HSCC Committee. Chair requested a title of the presentation for more specifics; Randy Hicks will contact the Hagginwood Center for said request.</li> </ul> </li> </ul> </li> </ul>

## Sacramento County Human Services Coordinating Council

Special Presentation: Department of Health and Human Services Behavioral Health Division: Mental Health Navigator Program

Kelli Weaver, Mindy Edwards, and Lisa Sabillo from the Division of Behavioral Health Services, presented an update on The Triage/Peer Navigator Program in Sacramento County. Handouts of the Mental Health Navigator Program were provided to the group to follow along.

- SB 82 / Mental Health Wellness Act of 2013 authorize Mental Health Services Oversight and Accountability Commission (MHSOAC) to administer competitive selection process for 600 triage personnel statewide
- Division of Behavioral Health Services (DBHS) awarded a MHSOAC grant in February 2014
- Action in 2014 for Implementation
  - Meeting with the Board of Supervisors (BOS) for approval to enter into agreement with MHSOAC
  - Creation of the Triage Personnel Grant RFP development
  - Releasing Triage/Peer Navigator RFP
  - DBHS awarded contract to TLCS, Inc.
  - BOS approval to enter into agreement with TLCS, Inc.
  - Site implementation
- Goals Include
  - Improvement of client experience for those experiencing a mental health crisis
  - Reduction of unnecessary inpatient hospitalizations and incarcerations
  - Mitigation of unnecessary expenditures of law enforcement
- Navigator Team
  - Team consists of Director, 3 team leads, 8 triage navigators and 8 peer navigators
- Services and Activities Include
  - Recovery-focused crisis intervention/safety planning
  - Immediate brief therapeutic intervention and case management
  - Peer support and follow-up
- Targeted Population
  - Sacramento County children, youth, transitional age youth, adults, and older adults experiencing a mental health crisis
- Access Points
  - Local hospital emergency departments, County jail, and Loaves & Fishes

Q&A ensued with the group. Kelli, Mindy, or Lisa Sabillo responded to committee questions or comments.

## Sacramento County Human Services Coordinating Council

<p>Department and First 5 Commission Updates</p>	<p><b>Health and Human Services:</b> Sherri Z. Heller provided a report included in the meeting packet. Sherri stated the CEO will make public the recommended budget on approximately June 1. Advisory Boards should be aware of this when constructing their agendas, taking into account Brown Act requirements.</p> <p><b>Human Assistance:</b> Gladys Deloney provided a report included in the meeting packet and announced an updated number had been recommended for a \$245 million cut statewide single allocation to CalWORKS; an increase of \$47 million from January. Sacramento County projected a \$10 million hit, but likely the number will be increased to a \$12-15 million cut to DHA. Gladys reported the lobby at the Bowling Green location (Florin Road &amp; Bowling Green) would be closing in August. DHA is in process of hiring a County Veterans Service Officer; down to a few candidates; hoping to have a job offer in the next couple weeks.</p> <p><b>Homeless Initiatives:</b> No report.</p> <p><b>First 5 Commission:</b> Julie Gallelo provided a report included in meeting packet.</p>
<p>HSCC 2017 Goal Updates</p>	<p>Robert Silva reported on Safety Net Committee.</p> <ul style="list-style-type: none"> <li>• CPAC update was mentioned in Chair report</li> <li>• CPAC visits should conclude in June.</li> </ul> <p>Paula Green reported the Hero of Human Service Awards subcommittee.</p> <ul style="list-style-type: none"> <li>• Draft of the revised nomination form is still in the updating process</li> <li>• Working on formatting</li> <li>• Committees suggestions have been incorporated and appreciated</li> <li>• Final draft will be emailed to committee for one last review</li> <li>• Gather contacts to create an email distribution list to reach out to those interested in nominating</li> </ul>
<p>Member Advisory Boards &amp; Community Member's Updates</p>	<p><b>Adult and Aging Commission:</b> Leslie Julianel provided a report included in the meeting packet.</p> <p><b>Alcohol and Drug Advisory Board:</b> Paul Tanner provided a report included in the meeting packet.</p> <p><b>Children's Coalition:</b> Ernie Brown provided a report included in the meeting packet.</p> <p><b>Disability Advisory Commission:</b> No report; Commission did not meet.</p> <p><b>Mental Health Advisory Board:</b> Collette Johnson-Schulke highlighted information from the report included in the meeting packet.</p> <p><b>Public Health Advisory Board:</b> Waiting for minutes from PHAB meeting.</p>
<p>Announcements</p>	<p>Randy Hicks announced the following: Senior Rally and Lobbying Day, May 11, 2017 on the south steps of the Capitol. Senior Disability Action Day, May 25, 2017 on the south steps of the Capitol. Capitol Action Day, June 13, 2017 at Caesar Chavez Park. Collette Johnson-Schulke announced May is Mental Health Month.</p>
<p>Public Comments</p>	<p>None</p>
<p>Adjournment</p>	<p>Meeting adjourned.</p>

- The County CEO's FY 2017-18 budget recommendations are expected to come out this week. I'm hopeful that I'll know more in time for our meeting on Thursday. Keep in mind that the adoption of the recommended budget in June is usually where major new initiatives are funded – like the County's major new investments in housing/homeless programming which are expected for this coming year. When the Board of Supervisors adopt the Final Budget in September, that's when adjustments are generally made to deal with changes in Federal or State funding – like the President's proposed Federal reductions in the Nurse Family Partnership funding and elimination of funding streams that support our senior volunteer operations (senior companions, retired senior volunteer program, foster grandparents programs.)
  
- It does appear that the State legislators and Governor's administration have reached a deal on funding the major shift of financial responsibility for In-Home Supportive Services from the State to the counties. The deal provides significant relief to counties, but as I mentioned to you, it does virtually eliminate any growth in mental health and health realignment funds for the foreseeable future. Any increased spending by the County in these areas will probably have to come from local funds for the next few years.
  
- County executives are planning a reorganization of the Social Services Agency to be effective by November 1. Two new departments will be created. The Department of Child and Adult Services will house Child Protective Services and Senior and Adult Services (IHSS, APS, guardianship, senior volunteers) as well as foster care eligibility and foster care aid payments (currently in DHA) and the IHSS Public Authority. The new Department of Health and Environmental Safety will include Behavioral Health (mental health, substance abuse); Primary Health (clinic; refugee health; homeless health, etc.); Public Health (chest clinic, infectious disease; black infant health, etc.); and, in addition, will include Environmental Health (currently a separate department) and Correctional Health (currently in Sheriff's department.) The objective is to enhance strategic coordination (e.g., public health and environmental management frequently collaborate) and more sharply focus the mission of individual departments (e.g., all health functions together.) The reorganization is still in the early planning phase. Managers will be working with labor organizations in the next few months to ensure a smooth transition for staff.

DHA Report to  
Human Services Coordinating Council

June 8<sup>th</sup>, 2017

SNAP To Skills Request for Proposal (RFP) (Supplemental Nutrition Assistance Program) – DHA recently released its Request for Proposals for its SNAP To Skills program. This is an opportunity for those agencies with employment and training programs to receive 50% reimbursement for their programs.

The new County Veteran Service Officer (CVSO) has been selected. Hannah Williamson is scheduled to start on June 12<sup>th</sup> as the new CVSO for Sacramento County. Hannah Williamson is currently the CVSO for Butte County. We look forward to greater opportunities and outreach for Veterans in Sacramento County.

DHA will do a series of community meetings with stakeholders regarding the closure of the lobby at our Bowling Green location, 4433 Florin Rd. All of the application processing will occur at our 2450 Florin Office (Susie Gaines Mitchell location). The CalWORKs location at 4433 Florin Rd will serve as the Service Center for CalWORKs. Currently, we have two locations for Medi-Cal/CalFresh Service Center.

The Director of DHA, and the Director of Homeless Initiatives visited Los Angeles last week to discuss with LA Leaders homelessness and view their Homeless Triage Center.

**FIRST 5 SACRAMENTO COMMISSION**  
**Human Services Coordinating Council Update**  
**June 2017**

**HIGHLIGHTS OF LAST COMMISSION MEETING – June 5, 2017**

- Approval of 2018-2021 Strategic Plan
- Approval of Golden State Water Company Contract Amendment- Water Fluoridation
- Presentation: School Readiness Evaluation Findings for FY15-16
- Presentation: Oral Health Update

**HIGHLIGHTS OF UPCOMING MEETING – August 7, 2017**

- Approval of 2018-2021 Implementation Plan
- Approval of 2017-2021 Systems Sustainability Plan
- Approval of FY17-18 Final Budget and 10-Year Financial Plan

**OTHER ITEMS OF INTEREST**

First 5 Advocacy Efforts

Building on the momentum from the First 5 Town Hall in early 2017, staff and Commissioners continue to engage in efforts to Put Kids First and share information on First 5's declining revenues. First 5 Sacramento and the First 5 Association participated in the Early Learning Advocacy Day on May 24<sup>th</sup>. Hosted by the California Association for the Education of Young Children, Commissioner Sneeringer was a keynote speaker on the advocacy panel. Attendees visited their local legislators at the Capitol to reinforce the message to 'Put Kids First' in the 2018 Budget.

Mutual Assistance Network's (MAN), one of the nine family resource centers in the county, hosted a site tour on May 31<sup>st</sup> with local and state officials. The tour showcased how the investments from First 5 Sacramento and other community partners have revitalized this Del Paso community and connected the residents to needed services. Chair Serna was a key speaker at the successful event that brought recognition to the Commission and highlighted First 5 and MAN sustainability efforts.

Baby Boxes

Baby Boxes are being provided to pregnant women and new mothers in New Jersey, Ohio, Alabama, and some cities across the nation to encourage safe sleep habits. The cardboard boxes often contain essential items such as diapers and wipes, and can be used until a baby is five to six months old. Parents can receive a Baby Box after watching a series of short educational videos on safe sleep and other prenatal and postnatal health topics. First 5 staff and our Safe Sleep Baby partners are holding off on distributing the Boxes until they are approved by the American Academy of Pediatrics. Our partners will continue to provide in depth one-on-one or group safe sleep education workshops and distribute the Pack-n-Play cribs. The Boxes have provided our community with another opportunity to increase awareness and talk about safe sleep practices.

Strategic Planning

Now that the 2018-2021 Strategic Plan has been approved, staff are spending much time working on two Implementation Plans- one for direct service programming and one for systems change efforts. Both Implementation Plans will be provided to the Commission for consideration of approval in August. They will include the detailed budget for program and systems change strategies to be implemented in the 2018-2021 Strategic Plan.

Trauma Informed Care Training

All First 5 staff will participate in a full day training on becoming a Trauma Informed Agency. The free training will take place on June 12<sup>th</sup>. Afterward, staff will develop an action plan for rolling out Trauma Informed trainings to our contractors and Commissioners.

## June 2017 Report to the Human Services Coordinating Council

### Executive and General Meeting

- Parental Alienation Awareness (PAA) Week Update:
  - The Cities of Elk Grove and Rancho Cordova acknowledged PAA Prevention Week and Child Abuse Prevention Month, and provided a platform to educate the community about the issues.
  - The community workshop for parents raising awareness about Parental Alienation was held on Saturday, April 29, 2017. Over 20 people were in attendance, received education about behaviors associated with Parental Alienation and discussed effective co-parenting skills.
  - The Children's Coalition (SCCC) Chair will meet with the Child Abuse Prevention Center (CAPC) in the coming weeks to discuss the possibility of CAPC including education around Parental Alienation behaviors in their trainings.
- The SCCC will conduct strategic planning sessions to develop their 2017-2018 Work Plan. The June and July General Meetings will be dedicated to this work.

### CPS Oversight Committee

- The committee presented their 2016 Annual Report to the Board of Supervisors on May 23, 2017.
- At their last meeting, the committee discussed their work plan for the coming months, in preparation for their 2017 Annual Report.

### Children's Trust Fund Committee

- The committee reviewed and approved a FY16/17 contract amendment and the FY17/18 contract for CAPC.
- The committee discussed a work plan for writing an RFP for services to Transition Age Youth. The committee hopes to have the process completed and funding awarded by July 1, 2018.

### Policy & Advocacy Committee

- Patsy Eubanks Owens of UC Davis Department of Human Ecology gave a presentation around her research focusing on the relationships between people and the outdoor environment; and more specifically, the role of the physical environment in the development, health, and well-being of youth and methods for community involvement in design decision-making.
- The committee is working to present their report and recommendations around Continuum of Care Reform to the BOS in the coming months.

Ernie Brown, Sacramento County Children's Coalition

Sacramento Adult and Aging Commission  
Monthly Report to the HSCC  
June 2017

The Adult and Aging Commission (AAC) met on April 26.

Updates:

- The Commission made their presentation to the Board of Supervisors on May 9<sup>th</sup>. After taking the last few months to identify, research and discuss the needs of the adult and aging community in Sacramento County, the AAC presented what we saw as the over-arching issue and made suggestions to address that. To summarize, the AAC identified a number of resources and services available to this population but found the biggest difficulty was accessing them. Problems included:
  - Resources are scattered amongst multiple government, non-profit and for-profit agencies
  - Information often limited, some obsolete or outdated
  - Some agencies have inclusion/exclusion policies
  - Some agencies require a fee
  - Many resources serve low-income population only
  - Missing is advocacy for aging LGBT members of the community
  - Diversity resources are lacking
  - Older adults want to talk to someone in person

During our research we got in touch with representatives from Marin County and found out they ran into the same problems in their county. They provided valuable information that helped us create the AAC's recommendation to the Board. Our recommendation is to create a Community Aging Resource Agency. It would serve anyone who needs information or assistance from all socio-economic levels. The agency would be accessible by telephone, website and in-person. Marin County has offered to partner with us so we would not be reinventing the wheel. We're not suggesting this as a replacement for other agencies. We do feel the benefits would be immeasurable and to name just a few:

- Help create a healthier, supportive lifestyle for our adult and aging community members
- Help more seniors age in place
- Serve all socio-economic levels
- Streamline and hasten access to resources

- Help maintain and improve standard of living
- Early intervention reduces need of government support and services
- Fewer seniors will require the services offered by the county
- Eliminate duplication of services/resources and better leverage existing services

Supervisor Nottoli requested a status update to the BOS in 90 days (tentatively scheduled for August 22, 2017).

Also on May 9<sup>th</sup>, in Chambers, Supervisor Nattoli presented the AAC with a resolution and a plaque in honor of Older Americans month.

- The AAC is reviewing and considering revisions to the application process for new Commissioners. The new process would incorporate an AAC assessment prior to the on-site interview. All applicants will be interviewed by the COS and an AAC representative.
- June 15 is World Elder Awareness Day.

**Public Health Advisory Board (PHAB)**  
**Monthly Activity Report**  
Prepared for: Sacramento County  
Human Services Coordinating Council

- I. Announcements: There were 7 recent appointments to the Public Health Advisory Board leaving us with 0 open vacancies.
- II. Public Health Division:
  - Prop. 56: Tobacco Tax was raised by \$2.00 a pack last month. Governor Brown proposed to use Prop. 56 revenues to continue funding the Medi-Cal expansion allowed under the affordable care act.
  - Marijuana: Sacramento County Board of Supervisors voted 3-2 to ban all commercial marijuana growing operations in unincorporated areas in the County, but Sacramento City will have its own ordinance.
  - Dental Transformation Initiative: Sacramento County received one of the 15 grants awarded.
  - Opioid Crisis: CDPH has offered grants for a naloxone distribution project. Sacramento County has applied for 2900 doses that if granted, will be distributed over two years. This program requires that approval of the BOS, which means they would need to approve it retroactively since the application for the grant has already been submitted. PHAB wrote a letter to the BOS that would provide broad support for the distribution of naloxone in the community.
  - Syphilis: CDC is calling for the awareness in the rise of syphilis cases. The numbers are increasing statewide and nationwide.
- III. Primary Health Division:
  - Per Dr. Damiano, PHAB will have a guest speaker in June from Primary Health Juvenile Medical Services.
- IV. Guest Speaker: Karen Giordano, Manager of Refugee Health Clinic provided an overview of the Refugee Health Clinic with handouts for the group. Historically, California has received the highest number of refugees (17%) in the nation. Sacramento received the third highest number of refugees in California behind Los Angeles and San Diego Counties.
- V. Guest Speaker: Dr. Tzeng, MD, Chief, Pulmonary Critical Care and Sleep Medicine, Kaiser South
  - This presentation addresses the Sleep in America survey, consequences of sleep deprivation and consequences of sleep deprivation from shift work.