

## ADULT AND AGING COMMISSION

Wednesday, May 22nd, 2019

02:00PM-04:00PM

Present: Lynn Humphries, Marshall Wilkerson, Keaton Riley., Keri Vogtmann, Mayue Carlson, Palvinder Kaur, Catheryn Koss, Linda Kingsbury, Rachael Hoskins, Leslie Julianel, Silvia Molina, Susan Takahashi, Maria Padilla-Castro, Casey Simon, Jim Donovan, Patty Wait, April Carni, Teresa Ogan

Absent : Emanuel Petrisor, Joe Samora, Marie Susaan, Linda Berry

Guests: Jim Williams, Debra Morrow, Leroy John Adams

### 2019 Minutes

#### Action Items:

1. Palvinder K. to email AAC information on the next 2020 Census meeting in June.
2. Leslie J. to follow up with Leslie at SMUD to see if she or someone can come and talk to AAC about the increase.
3. Silvia to email Rachael H. a copy of 2-1-1 report from last AAC visit.
4. Patty to follow up with Ruth M. about getting a county representative to attend our AAC meetings.

#### Details:

1. Welcome & Introductions
2. Approve April Minutes. Silvia M. motioned to approve, Lynn H. 2<sup>nd</sup> motion to approve.
3. Older Adults Celebration. Keri reported event details and results including that there were over 100 participants, Bruce Wagstaff, Don Notolli, 11 sponsors, 4 judges, 7 non-profits, county services, and food and drinks prepared by the Lions Club Embarcadero. The winner of the Aging 2.0 pitch was Medix Prime for both categories and chose as their option to receive a user session. Keri also took feedback from AAC about suggestions for next year event and how we can make it better. Various AAC members gave feedback. Overall event was a success and event even got attention on the Channel 3 news. Keri thanked everyone of the AAC for their contributions.
4. Casey reviewed the upcoming procedure for new officer selection coming up at June meeting. Announced that Patty W. is a candidate for chair, Susan T. is a candidate for Vice Chair, and April C. a candidate for Secretary. Other AAC commissioners were encouraged if they had interest to also be considered a

candidate. At June meeting the AAC will be put to a secret vote and each AAC commissioner will write down the candidates they would like to nominate for the open positions and the results will determine who is selected for the positions. New officers assume their responsibilities beginning July 1, 2019.

5. Teresa reported that they had meeting with Jessica B. and Haley from the Sacramento County Office of Planning and Environment review on May 17<sup>th</sup> regarding Room & Board Update. They discussed the lack of affordable housing and concerns and how AAC can help. There is going to be a possible pilot program in which small homes would be able to provide skilled like services however they did not have all of the details. AAC had discussion around this topic and questions regarding Teresa's report. Keaton expressed that homes under 6 beds don't require a state license and so county doesn't know they exist unless it is driven by complaints and then they look for code enforcement. County has discussed possibly adding business license as a requirement. Catheryn C. mentioned AAC may possibly want to meet someone from SS to discuss if SSI payee system could be a way to cross check. Teresa also suggested possibly advocating with the BOS with letter of support for project pending more information gathering about project & possibly for AAC to review the regulations before they are implemented to help eliminate some of the very outdated regulations.
6. Catheryn reported for the Ad Hoc Committee which includes Catheryn, Susan T, and Rachael H. for AAC priorities and reported they had met and discussed several possibilities to help improve our AARP Livability Index in Sacramento County. The areas discussed were housing (specifically 202-affordable housing), transportation, & medical waiver program. Thinking about how to introduce at listening sessions. Partner with Debra M. and plan to come up with at least 5 things AAC believes to be concrete actions/asks that can be introduced for action by the county. Keaton concurred that county does like requests to be very specific. Rachael H. mentioned her interest in 2-1-1 and Silvia is going to send her the update from the tour and report we received from them since she was not a commissioner at that time. Leslie suggested to Rachael may want to continue to follow up as there might possibly be updates since then. Debra M. suggested we might want to have a county representative attend our meetings again.
7. Palvinder reported on 2020 Census update. Palvinder explained how ACB serves 17 counties and the how various departments work and how funding is allocated. Basically, right now there is no timeline for funding and not looking for outside funding. The biggest help the AAC can help with census is to help volunteer in distributing information. Mayue will also be working with Palvinder on future updates.
8. Casey also reported she did contact Juanita at Safe House regarding a tour. Maria P. reported that she did already visit Safe House and Debra M. also shared her insights about the facility.

9. Marshall reported feedback and took questions from the AAC about the meeting he attended regarding SMUD 2020 Rate increases. SMUD did a PowerPoint presentation at the event. There were still questions by AAC. Interest from AAC to learn more about the rate increase and the impact it will have on our older adult/senior community.
10. Jim reported on update for AAA4 survey and said that survey is not complete they are still in process of finalizing results.
11. Debra M. who is our liaison for the AARP Livable Community project shared with AAC specifically what she has done and has plans for in the near future as part of the project; a few of which included meeting Jennifer and AARP and she also met with Will Tift at AAA4.
12. Announcements/Sharing of Information. Keaton passed out flyers to AAC on Renters Helpline that offers free help with Tenant-Landlord and Fair Housing issues. April C. announced Alzheimer's Association having 4<sup>th</sup> Annual Brain health Forum on June 1<sup>st</sup>.
13. Adjourn 4:03p