

**ADULT AND AGING COMMISSION**  
**Wednesday, February 28, 2024**  
**2:00 – 4:00 PM**

**In-Person Location:**

9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento, CA 95827

**MINUTES (DRAFT)**

<b>Item</b>	<b>Notes</b>
<b>Welcome &amp; Introductions</b>	Chair
<b>Roll Call</b>	Commissioners Present: Debra Bonner, Theresa Abah, Kristen Stauss, Dawn Angelo, Debra Larson Commissioners Absent: Maureen Sullivan County staff /Guests present: Heidi Richardson, Maggie Minero, Sarah Martinez, Julie Bates, Eiffel Ruggles, Megan Richet
<b>Approval of January 24, 2024 minutes &amp; February 28, 2024 Agenda</b>	D. Bonner moved to approve, January minutes, T. Abah seconded the motion. The motion passed with no objections or abstentions. For the agenda, K. Stauss moved the motion, T. Abah seconded the motion.
<b>Public Comment</b>	None
<b>AAC Business &amp; Initiatives</b>	<ul style="list-style-type: none"><li>• H. Richardson gave a brief presentation on AAC 2024 budget priorities to provide more insights about what programs were completed last year and updates about some programs, contracts and projects that were about to end in 2024</li><li>• Members discussed and deliberated on next steps on the budget, to ensure that successful programs like, the Senior Connection Program which will end in September 2024, could be sustained.</li><li>• Overall, she reports that Sacramento County Senior and Adult Services (SAS) has 35 contracts and MOUs with different agencies and five SAS programs (Adult Protective services, In-Home Support Services, IHSS Public Authority, Public Administrator/Guardian/Conservator and Senior Volunteer Services).</li><li>• Members agreed that an ad-hoc committee should take charge of the budget priority development process, and then present it at the next meeting.</li></ul>

	<p>The chair of the budget ad-hoc committee is D. Boner, other members are T. Abah, D. Angelo and H. Richardson will provide support to the team.</p>
<p>Senior Connections Presentation</p>	<ul style="list-style-type: none"> <li>• J. Bates gave a brief update about the Senior Connections program which would end in September 2024. She reports that the program provides individualized services to older adults and their dependents who have been negatively impacted and isolated by the COVID-19 pandemic, to services that would enhance their quality of life with no obligations or strings attached. The program managers are seeking a support letter for ongoing case management support for all enrolled participants.</li> <li>• Members deliberated and agreed to support the project. The budget ad-hoc committee will consider this project in their deliberation.</li> </ul>
<p><b>Reports</b></p>	
<p>5 Over 50 Awards</p>	<p>K. Stauss reports that the scoring process to determine the successful 5 candidates for the awards will be completed before the next meeting. The ad-hoc committee members will complete the process with the help of 5 representatives from all the districts.</p>
<p>Agency on Aging Area 4</p>	<p>S. Martinez reports that the agency is busy working on scheduling town hall meetings to solicit the community's participation in the development of A4 2024 strategic plan. She adds that the board of Supervisors and AAC commissioners will be part of the process.</p> <p>Also, she reports that the caregiver listening session is scheduled for March 21 @ 1pm. For a chance to win a \$100 gift card, interested attendees whose care recipient is on Medicaid should send an email to: <a href="mailto:smartinez@agencyonaging4.org">smartinez@agencyonaging4.org</a></p>
<p>Aging Resources Exchange</p>	<p>D. Bonner announced that Cathy Perry is getting ready to host a Senior Pride Resource Fair for elders. The event will hold on April 25, 2024 @ the Hart Center</p>
<p><b>Liaison Reports</b></p>	<p>D. Bonner reports on Human Services Council. The commission is exploring ways to help adult outpatients in accessing a continuum of services during crises. A team would help to connect older adults in crises with the general health care system.</p>

<b>Announcements</b>	T. Abah requested educational training materials and resources for a health fair event organized for a senior community and served by students in Gerontology program at Sac State. The fair will hold on March 14, 11am – 2pm at Carlton Senior Community, Sacramento.
<b>Future Meetings</b>	Next meeting is in-person, March. 27, 2024, by 2:00pm, at 9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento.
Suggestions for future agenda items	None Meeting adjourned by 3:15pm