

**ADULT AND AGING COMMISSION
Wednesday, August 23, 2023, 2:00 – 4:00 pm**

Remote Access:

Join ZoomGov Meeting

<https://www.zoomgov.com/j/1601015273?pwd=S2tldjVQd1VzbC82Nk1XaUpQV2doUT09>

Meeting ID: 160 101 5273

Passcode: 017189

MINUTES (DRAFT)

Item	Notes
Welcome & Introductions	Discussion
Roll Call	Members Present: Debra Bonner, Theresa Abah, Catheryn Koss, Dawn Angelo, Debra Larson, Kristen Stauss Members Absent: Rachael Hoskins, Eduardo Rubalcava, Guests / AAC staff: Heidi Richardson, Maggie Minero, Maureen Sullivan, Vanessa McCarthy-Olmstead, Janeen Thorpe, Ruth MacKenzie, German Ayon
Request(s) for Remote Participation under the Brown Act (if any)	D. Bonner moved the motion to allow remote participation of Janeen Thorpe, Harley Yang, Sylvia McBride
Approval of July 26, 2023 Minutes and August 23, 2023 Agenda	D. Angelo moved to approve, T. Abah seconded the motion for July 26, 2023 Minutes and August 23, 2023 Agenda.
Public Comment	None
AAC Executive Meeting	D. Bonner reports that the executive meeting held at El Hogar Community Service office, with D. Angelo, T. Abah, D. Bonner and H. Richardson in attendance, and announced a change in vice president position because the last vice president L. Miller resigned. The secretary - T. Abah, will assume the role of vice president and secretary until the post is filled. The agenda items for August meeting were deliberated and approved for August 26, 2023 meeting.
AAC Business & Initiatives	<ul style="list-style-type: none"> - D. Angelo reports on new member orientation, to include onboarding / orientation and will be scheduled during November meeting. This would allow mutual discussions and provide the opportunity for commissioners to invite prospective new members to the meeting. - Members discussed and agreed to include AAC district representation as a standing agenda item in all meetings. This is to allow commissioners learn more about what is happening in their

	<p>assigned districts. Members are encouraged to subscribe to representatives' newsletter and attend listening sessions to get up to date information on happenings within their districts</p> <ul style="list-style-type: none"> - H. Richardson went over the Brown Act to remind members about local government officials' required practice for holding meetings which must follow CA laws.
ROC Recruitment	None
5 Over 50 Ad Hoc Committee for 2024	D. Bonner listed the members to include, T. Abah, D. Angelo, K. Stauss and E. Rubalcava. Members are to deliberate on leadership and the committee's activities in the next meeting.
New Business	None
Reports	
Area 4 Agency on Aging	G. Ayon reports that Agency on Aging / Area 4 is preparing for their 50 th anniversary, which is scheduled for Thursday, September 28, 2023 from 1:00pm – 4:00pm. In preparation, they launched a volunteering program and are collecting donations for the event. They are also requesting for public donation of technology gadgets for older adults as they collaborate with the commission on aging to provide more aging services
Aging Resources Exchange	C. Koss reports on the presentation by the program lead of McGeorge's legal clinic – Melissa Brown. Stating that one of the clinic's mission is to represent elder client's who are abused. Other presenters include, Sylvia Mc Bride – Agency on Aging / Area 4, Sarah Wilms – Life-long Seniors program, Victoria Harling -CaConnect.org, Tim -Home safety Services for veterans and Laureen Mari – VHA trauma program.
Sacramento County Age-Friendly Initiative	None
Commission Membership Changes	D. Monera announced her approval by the board. She joins the commission as a commissioner. All members welcomed her to the commission.
Liaison Reports	D. Bonner reports that she has been attending ADRC meetings, and will continue to represent the commission as a liaison officer.
Announcements	<ul style="list-style-type: none"> - C. Koss and D. Bonner agreed to work with H. Richardson as members of the Room and Board working group of the Age-friendly Initiative. They will assess what resources are available to help address legal issues. - H. Richardson announced that Sac County advertised a grant to assist adult residencies, targeted at low-income communities. Members are encouraged to spread the word out and encourage qualified senior centers to bid. The grant will assist with access to needed resources.
Future Meetings	Next meeting is in-person, September 27, 2023, @ 2pm, 9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento
Suggestions for future agenda items	None