

ADULT AND AGING COMMISSION
Wednesday, July 26, 2023, 2:00 – 4:00 pm

Remote Access:

Join ZoomGov Meeting

<https://www.zoomgov.com/j/1601015273?pwd=S2tldjVQd1VzbC82Nk1XaUpQV2doUT09>

Meeting ID: 160 101 5273

Passcode: 017189

MINUTES

Item	Notes
Welcome & Introductions	Discussion
Roll Call	Members Present: Debra Bonner, Theresa Abah, Catheryn Koss, Dawn Angelo, Debra Monera Members Absent: Lee Miller, Rachael Hoskins, Eduardo Rubalcava, Kristen Stauss Guests: Heidi Richardson, Maggie Minero, Maureen Sullivan, Vanessa McCarthy-Olmstead
Request(s) for Remote Participation under the Brown Act (if any)	None
Approval of June 28, 2023 Minutes and July 26, 2023 Agenda	C. Koss moved to approve, D. Bonner seconded the motion for June 28, 2023 Minutes and July 26, 2023 Agenda. The motion was passed with a few corrections to the minutes.
Public Comment	None
AAC Executive Meeting	H. Richardson appreciated the new exec co members and officially welcomed them to a new term. She also thanked the outgoing chair for her dedication and continued support to the commission.
AAC Business & Initiatives	D. Bonner asked for suggestions of what to include in 2024 goals. Suggestions included the age-friendly initiatives, visibility with the Board of Supervisors, quarterly schedules to address concerns within the aging population, inclusion of AAC communique in all older adult newsletters and continuation of 5 over 50 programs. Members discussed and agreed on all the suggestions. Other suggestions include: <ul style="list-style-type: none">- AAC to assist the age-friendly core team work on the Action Planning Grant

	<ul style="list-style-type: none"> - A consumer board / working group to be constituted to help unsheltered older adults in the community - C. Koss, D. Bonner and M. Sullivan volunteered to be members of the working group. - Assign a commissioner to attend future ADRC meetings. - H. Richardson to send the link of the Board of supervisors' meetings to the group to follow up with various aging agencies' agendas and monitor major issues concerning older adults, e.g., homelessness
ROC Recruitment	<p>D. Angelo suggested that new, and in-coming commissioners should be assigned to districts to enable them work closely with their district representatives. She added that this would be one of the contributions members can bring to the commission.</p> <p>Members agreed it would be beneficial to have an orientation for new members during one of the monthly meetings. They also agreed that going forward, all temporary seats in the district should be filled before the full term-seats to attract more membership.</p>
5 Over 50 Ad Hoc Committee for 2024	<p>D. Bonner asked for a volunteer to chair the committee.</p> <p>Members agreed to deliberate about the committee's activities in the next meeting.</p>
Proposed Rule – Older Americans Act Letter of support	<p>H. Richardson reports that individuals can still make contributions to the OA Act until midnight Aug 15 at www.acl.gov/OAA (too late for commission to make contributions before the deadline)</p>
New Business	None
Reports	
Area 4 Agency on Aging	None
Aging Resources Exchange	<p>C. Koss reports that they were 5 presenters at the meeting. The topics include Growth in WEAVE's Older Adult Abuse program; Rebuilding Together: Sacramento's Safe at Home Program; ACC's Senior Escort program; Sac County's StopFalls program and Sutter SeniorCare PACE program. Also mentioned is that there would be 3 other meetings before the end of the year.</p>
Sacramento County Age-Friendly Initiative	<p>T. Abah reports that the monthly meetings for the month of July was cancelled because of the ongoing RFI grant review process to avoid any conflict of interest.</p>
Commission Membership Changes	<p>M. Sullivan announced she completed her interview process with the board of supervisors. D. Bonner plans to follow-up with new members with regards to their participation in the commission.</p>
Liaison Reports	None
Announcements	<p>H. Richardson suggested that the commission members should sign up for the Agency on Aging / Area 4 newsletter.</p>

Future Meetings	Next meeting is in-person, August 23, 2023, @ 2pm, 9750 Business Park Drive, Ste. 104, Conference Room 1, Sacramento
Suggestions for future agenda items	None