

## ADULT AND AGING COMMISSION

Wednesday, November 20th 2019

02:00PM-04:00PM

2019 Minutes

Present: Patty Wait, Susan Takahashi, Casey Simon, April Carni, Mayue Carlson, Silvia Molina, Jim Donovan, Heidi Richardson (Sac County, Linda Berry (AAA4), Tom Johnson, Keri Vogtmann, Leslie Julianel, Marshall Wilkerson, Lynn Humphries, Keaton Riley

Absent: Emanuel Petrisor, Joe Samora, Maria Padilla-Castro, Marie Sussan, Teresa Ogan, Rachael Hoskins, Catheryn Koss, Debra Morrow (Sac County)

Guests: Kevin Welch, Kathy Sachen and Amy Parton- All Representatives from Paratransit

### Action Items:

1. Patty to compose a letter for the COS regarding the Celebrating Older American's Event
2. Patty to put a description of AAC and what we do for Renaissance Society to help recruit for future AAC members.
3. Patty to ask Bob Erlenbusch & John Foley if they would come to speak to AAC at the next regular AAC committee meeting in January.

### Details:

1. Welcome & Introductions
2. Approval of October 23<sup>rd</sup> minutes. made motion to approve and made 2nd motion to approve.
3. AAC Presentation to cities/communities- Patty reported that so far Elk Grove, Citrus Heights, and Rancho Cordova City members are interested in meeting with AAC. Patty reported she spoke to the Renaissance Society and they are interested in possibly hosting an Age Friendly listening session and recruiting new AAC members.
4. Age Friendly/Livable Communities- Debra was absent so Susan reported in her absence that Debra is still working on the final report and will report the updates to the AAC during January AAC meeting since no meeting scheduled for December.

5. Presentation from Paratransit- Kathy Sachen along with Kevin Welch spoke to AAC about the upcoming changes for Paratransit and Sacramento RT services. ADA transit will be taken in house and finalized by April 2020. Discussion and questions as to how the changes might impact older adults followed.

6. AAC Annual Report- Catheryn was absent however she provided copies of the final draft of the AAC annual report to BOS. Catheryn included information on what AAC has done concerning our Annual event for Older American's and the AARP Livable Communities Initiative for the County and various other information and put it together in an easy to read format and kept it short with data driven information. Catheryn made the recommended changes from the last meeting and Patty asked if there were any additional changes and/or suggestions. The AAC approved the final draft as it currently is pending the change of Leslie J. personal email to be removed as the contact email for the Aging Resource Exchange.

7. OAC Event- Keri reported updates and shared updated planning documents for the May 2020 event with the AAC. It is expected that a flyer will be available to promote the event by January 1<sup>st</sup>. Oak Park location has been confirmed for the event and it will be held May 6, 2020. The theme will have an intergenerational focus and there will be a scholarship program and award for winner at the event in addition to the 5 over 50 awards ceremony for older adults. A meeting is planned for the ad-hoc committee to meet after AAC meeting to plan further details regarding the event.

8. Heidi from Sacramento county shared that Senior Visiting program from Sacramento County had for the fiscal year had 431 volunteers, provided approx. \$5 million worth of services and had a total of 16,473 hours that were volunteered to servicing older adults.

9. Aging Resources Exchange: Leslie let AAC know that the upcoming speaker for the November 26th meeting will be donna Jensen from Sacramento State Gerontology Department.

10. Announcements- Keaton presented Jim Donovan with the proclamation from the county for Jim's service to the AAC. Keaton informed AAC that 1/20 Sacramento County Homeless Data will be available online (dashboard will have data that can be filtered and sourced according to category) Patty let AAC know that Ken Cross was also a good contact for information on homelessness.

11. Adjourned at 3:12p regular meeting and had potluck for rest of session.