

**ADULT AND AGING COMMISSION**  
**Wednesday, October 28, 2020**  
**2:00 – 4:00 PM**  
**Video Conference Meeting**

**MINUTES (APPROVED 11/18/2020)**

Item	Minutes
<b>Welcome &amp; Introductions</b>	T. Ogan called the meeting to order 2:01 pm.
<b>Roll Call</b>	<p><b>Commissioners Present:</b> Debra Bonner, April Carni, Rachael Hoskins, Leslie Julianel, Catheryn Koss, Teresa Ogan, Preston Romero, Susan Takahashi, Patty Wait, Tom Johnson</p> <p><b>Commissioners Absent:</b> Chandra Alston, Mayue Carlson, Silvia Molina</p> <p><b>Others Present:</b> Roseanne Bernardy (Ex-Officio), Ruth MacKenzie (Division Manager, Senior and Adult Services), Will Tift (AAA4), Megan Masten (guest, prospective Commissioner), Dave Soto (AAA4), Helen Selph (City of Sacramento), Remi Mendoza (City of Sacramento), Janna Eliina (AAA4), Linda Berry (AAA4)</p>
<b>Approval of October 28, 2020 Agenda and September 23, 2020 Minutes</b>	<p>Brown Act Presentation will not take place at today’s meeting</p> <p>L. Julianel added August 6th ROC meeting was held and minutes will be posted in next couple of weeks. There is a scheduled ROC meeting for November 5<sup>th</sup> at 2-4 (ROC meets quarterly)</p> <p>L. Julianel moved to approve to minutes and agenda, P. Romero seconded, approved with no opposition or abstentions</p>
<b>Public Comment</b>	none
<b>Presentation: Brown Act Training (canceled, presentation instead by Helen Selph, City of Sacramento on Age-Friendly Sacramento Action Plan)</b>	<p>Rick Hyer was not available to present on Brown Act.</p> <p>Helen Selph presented on behalf of the City of Sacramento to invite individual commissioners to participate in age-friendly Sacramento action plan, would like to draw on knowledge about county services and explore opportunities for coordination between the city and county. Planning process involves listening sessions, establishing working group, baseline assessment, goals, draft plan, feedback from stakeholders, and final plan approved by city council. There will be 3-4 stakeholder meetings over the next year. H. Selph will share link to sign up sheet.</p> <p>R. Mendoza added that they anticipate having consultant to help with coordination and analysis.</p> <p>P. Wait asked about approval process. H. Selph explained multi-level review process and that Sacramento City Council ultimately will vote to approve plan after involving as many relevant committees and departments along the way.</p> <p>Interested in participating: C. Koss, D. Bonner, P. Wait, A. Carni, D. Bonner, R. Bernardy, R. Hoskins</p>
<b>AAC Business &amp; Initiatives</b>	

<p>Feedback on addressing homelessness and housing insecurity among older APS clients (response to Ruth MacKenzie's request)</p>	<p>R. MacKenzie said County has allocated 300K for housing services for APS clients, is seeking feedback on how funds could best be used.</p> <p>A. Carni observed that people may need just a little extra help each month to maintain current housing.</p> <p>C. Koss also agreed that often people need bridge funds to maintain housing they have, may be more efficient use of relatively small amount of funding that may not be long-term</p> <p>P. Wait echoed the support for flexible funding similar to HomeSafe program.</p> <p>R. MacKenzie talked about shallow subsidy program model for some or providing more support for some who need more comprehensive services and support.</p> <p>L. Berry encouraged the use of future funding for home share program, but agreed that short term flexible assistance for one-time funding during COVID-19 would be best use for these funds.</p> <p>R. MacKenzie highlighted the challenge of getting support for administrative services, people like to see a building or structure, less enthusiasm for program administration.</p> <p>T. Ogan asked if feedback on home share model is appropriate to give to AAA4 on RFP planning, W. Tift said Placer County has made a similar recommendation. J. Eliina said some adults are interested in shared housing, but landlords are requiring each person have 3x rent in income to qualify, not being allowed to pool income to qualify for rental.</p> <p>T. Johnson asked about unmet needs. R. MacKenzie reported Senior Safehouse turns away 1-2 people every day, but they lack deeper data about unmet needs, where people are coming from, or how many are duplicated.</p> <p>T. Ogan asked whether referrals would have to go through APS, R. MacKenzie said county is waiting on funding and details about who will be eligible.</p> <p>Key question several commissioners had is how long is this funding going to last. There is a need for both extra help to prevent housing loss and a place to stay for those who need emergency housing, but it doesn't make sense to use this funding for a shelter if the funding is short-term.</p> <p>R. Hoskins recommended working with housing authority to get fast track vouchers for clients. Also suggested moving away from a safe house model to safe housing by partnering with landlords.</p> <p>R. Bernardy asked about potential to use funds to help newly homeless who just need some assistance as well as preventing housing loss for those who are at risk of losing their current house.</p> <p>A. Carni asked about need for more shelter in colder weather. Could these funds be used for temporary shelter for older homeless?</p> <p>R. MacKenzie described the challenge of staying focused on those who are abused and neglected (the target population for the safe house) when the needs for housing are so much broader.</p> <p>R. MacKenzie thanked the Commission for their input.</p>
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<p>Feedback to AAA4 on funding priorities for next funding cycle</p>	<p>C. Koss gave an overview on what AAA4 is looking for input. D. Soto explained that there may be some additional funds, so looking for feedback on funding levels for different program areas.</p> <p>P. Wait asked about the lack of housing programs other than repair services. L. Berry explained that housing is not funded by Older Americans Act. L. Berry outlined required funding program areas (i.e., nutrition, transportation, information and assistance, legal services) and optional program areas.</p> <p>C. Koss highlighted frustration with 211 services for older adults, not sure if it requires more resources to provide specialized training or other program changes.</p> <p>S. Takahashi said as a HICAP volunteer has seen transportation as a major issue for clients.</p> <p>A. Carni said from the home care industry perspective, priority should be providing personal care assistance at home.</p> <p>R. Hoskins said as a social worker has seen some confusion about 211 as well as some frustration when not given a good resource or information is out of date. L. Berry raised challenge of underfunded programs, not necessarily a 211 issue although they also need to keep their information current as well as be aware of waiting lists and eligibility so can really assist clients.</p> <p>C. Koss advocated for increased funding for legal services.</p> <p>Additional feedback will be collected in writing to be shared with AAA4.</p>
<p>Virtual event(s) to honor older adults and/or continue relationship building</p>	<p>A. Carni said this was about the time last year started planning for May event, need to start planning process now if going to do a May event in 2021. Brainstormed ideas for virtual events. A. Carni gave example of virtual event that had small in-person gatherings as well. L. Julianel mentioned SMUD virtual event, may be able to learn from that event. The virtual Mental Health and Aging conference is another example. C. Koss encouraged commissioners to not try to do same type of event online but rather to start with the goals of the event (honor older adults and highlight county services) and try to find remote ways to achieve these goals. R. Hoskins suggested gathering stories from clients using county services.</p> <p>T. Ogan asked for volunteers to serve on ad hoc working group. Volunteers: A. Carni, M. Masten, Preston, T. Johnson.</p>
<p>Feedback from county staff on letter and PowerPoint to cities</p>	<p>No discussion or action</p>
<p>Appointment of second representative to the AAA4 advisory council</p>	<p>A. Carni nominated herself to serve as representative on AAA4 Advisory Council. C. Koss moved to appoint A. Carni, P. Wait seconded. Approved unanimously.</p>
<p>Suggestions for 2021 Aging Resources Exchange topics and speakers</p>	<p>L. Julianel is stepping down from Aging Resources Exchange co-chair position when her term as Commissioner ends at the end of 2020. R. Hoskins and D. Bonner volunteered to co-chair along with C. Koss.</p>
<p>Suggestions for 2020 Annual Report items</p>	<p>Asked for ideas to include in 2020 annual report, can email C. Koss (koss@csus.edu)</p>
<p><b>Reports</b></p>	

ROC	We need members on ROC. P. Romero interested in helping with ROC. Will connect with L. Julianel and T. Ogan.
Area 4 Agency on Aging	L. Berry gave update on changes to AAA4 programs in pandemic. Highlighted open enrollment for Medicare, HICAP is meeting with people remotely. CMS has also posted improved Plan Finder tool and video to help people use the new Plan Finder. S. Takahashi also volunteered to help anyone use the Medicare Plan Finder tool. AAA4 is still working with Sac County on Dine at Home program, currently about 800 people are getting meals delivered from local restaurants. Will be transitioning off some clients based on need level (lowest need transitioned off first).
Aging Resources Exchange	Next Aging Resources Exchange meeting (virtual) is November 24th, please email <a href="mailto:koss@csus.edu">koss@csus.edu</a> to be added to the email list.
<b>Commission Membership Changes</b>	Mayue Carlson must step off the Commission. Should find way to honor her more formally. We have several openings on Commission.
<b>Announcements &amp; Liaison Updates</b>	Megan Masten introduced herself, recent Sac State graduate, has applied to be Commissioner.
<b>Future Meetings</b>	
Announcement of dates of future meetings	November Commission meeting will be earlier due to Thanksgiving, November 18 <sup>th</sup>  Executive Committee on November 4 <sup>th</sup> (may need to be rescheduled if members not available)  ROC meeting November 5 <sup>th</sup> at 2-4
Suggestions for future agenda items	none
Meeting Adjourned at 3:43pm Minutes prepared by C. Koss	