

ADULT AND AGING COMMISSION

Wednesday, October 23rd 2019

02:00PM-04:00PM

2019 Minutes

Present: Patty Wait, Susan Takahashi, Casey Simon, April Carni, Emanuel Petrisor, Joe Samora, Mayue Carlson, Silvia Molina, Marie Sussan, Linda Kingsbury, Jim Donovan, Teresa Ogan, Heidi Richardson (Sac County), Catheryn Koss, Linda Berry (AAA4), Tom Johnson, Debra Morrow (Sac County), Rachael Hoskins, Marshall Wilkerson

Absent: Keri Vogtmann, Leslie Julianel, Maria Padilla-Castro, Lynn Humphries

Guests: Michelle Pelletier, Stuart Kosh, Emily Tupper, Xochiti Gomez

Action Items:

1. Catheryn to revise final draft of AAC annual report and bring to next meeting for approval.
2. Patty to revise letter to go out to city managers regarding meeting with AAC regarding AAC Aging in Place Initiative.
3. Patty attending AAA4 meeting on Tuesday 10/29.
4. AAC commissioners signed up for Potluck for November meeting. Patty or Susan to assign those absence something to bring.

Details:

1. Welcome & Introductions
2. Approval of September 25<sup>th</sup> minutes. Joe S. made motion to approve and Silvia M. made 2nd motion to approve.
3. Sacramento City Age Friendly Initiative- Patty reported the City of Sacramento is now enrolled in Age Friendly Livability and the next step is for them to conduct listening sessions. Patty invited AAC members to attend listening session meetings.
4. AAC Presentation to cities/communities- Patty and Susan reported to AAC updates. Currently revamping the letter and then will be asking the county to send out letters to the various city managers. Patty and Susan will be meeting

with city manager of Rancho Cordova. Goal is to have at least few AAC members attend to each city meetings.

5. State Master Plan on Aging- Patty reported updates to AAC. Discussion followed.

6. Age Friendly/Livable Communities- Debra reported her recent activity concerning continuing meetings with county managers, supervisors and most recent meetings were with local university and community college as well as various community-based organizations and gerontology departments. Continuing to take inventory and identify gaps. Debra is currently proofing her report at this point which is due at the end of October.

7. Aging Among Homeless- Patty, Susan, Catheryn, Linda B. and Casey attended recent meeting on the subject and shared feedback with AAC members. It was reported that 50% of homeless are over the age of 50 years old. In addition, there seems to be good number of people who are trying to hide that fact that they are homeless. Discussion about increase in older adult homelessness followed.

8. Annual Report- Catheryn put together the AAC annual report to BOS. Catheryn included information on what AAC has done concerning our Annual event for Older American's and the AARP Livable Communities Initiative for the County and various other information and put it together in an easy to read format and kept it short with data driven information. Catheryn asked for feedback and suggestions for what else to include before submitting the report to the BOS. AAC members provided feedback. Suggestion was made to add AAC recruitment information and also to have copies for AAC to be able to pass out in the community.

9. Agency on Aging Area 4- Linda Berry reported that they were currently waiting to see what funding was going to be available and then once they know then they will be doing a 2<sup>nd</sup> round of contracts for service providers/organizations. AAA4 is also busy putting on various county town halls. (Placer County focus is on shared housing, Yolo County is focusing on Emergency Preparedness, and Sacramento County is focusing on Older Adult Homelessness) The Sacramento team is trying to gather experts in the field as Sacramento is not prepared to deal with the aging population of homeless. There is a meeting on January 15<sup>th</sup> at the Board Chambers and Lind invited AAC members to attend. Linda also passed out flyers for the unmet needs for SACOG meeting.

10. Census 2020- Marie reported that she attended a recent Census planning meeting and that the website for Census is currently down. They are currently

looking to recruit Census Ambassadors and get T-shirts to promote awareness. Asking for ideas so Marie encouraged AAC members to provide feedback. There is also a plan to generate a master calendar of events.

11. Aging Resources Exchange- Catheryn updated AAC on last month ARE meeting as well as let AAC know that the upcoming speaker for the 10/29 meeting will be Carol Washington on HICAPP services. Leslie will be putting together a 2020 list of speakers.

12. OAC Event- Silvia and April reported on updates in Keri's absence regarding the OAC ad-hoc committee plans that were discussed after the end of the last AAC meeting.

13. ROC Updates- Casey said reported no updates as next ROC meeting is on 11/7/19. Casey did however want to inform the AAC on an efforts being made for donations to APS.

14. Announcements- Mayue passed out flyers on California Capitol Region East & West Health Fair being held on 11/3/19 in Elk Grove. Emanuel announced that BOS were pushing to put a ban on vaping in Sacramento County. Jim announced as he is terming out that the Alzheimer's Association is looking for a new AAC liaison and among the duties would include a weekly support group lead role. Anyone who is interested should notify Jim. Joe announced event on 11/3/19 in Orangevale for Senior Wellness. Patty announced City training & appreciation event for either 11/13 or 11/14 as there will be two sessions. Patty also reminded AAC members who were terming out that if planning to renew term then to please complete the form 700 form sent out by the county before the deadline. Emily Tupper (Guest/Sutter PACE) briefly informed AAC on Sutter PACE programs and services and reported that Sutter PACE program has grown 28% after their move to the new facility last year. Emily also expressed her interest in being a speaker at a future Aging Resource Exchange Meeting. Linda K. announced that this was her last AAC meeting as she is terming out and not renewing her term. Linda B. announced that they are hiring staff for Ombudsmen.

12. Adjourn