

ADULT AND AGING COMMISSION
Wednesday, September 23, 2020
2:00 – 4:00 PM
Video Conference Meeting

MINUTES

Item	Minutes
Welcome & Introductions	T. Ogan called the meeting to order at 2pm.
Roll Call	<p>Commissioners Present: Debra Bonner, Mayue Carlson, April Carni, Rachael Hoskins, Leslie Julianel, Catheryn Koss, Silvia Molina, Teresa Ogan, Preston Romero, Susan Takahashi, Patty Wait</p> <p>Commissioners Absent: Tom Johnson</p> <p>Others Present: Roseanne Bernardy (Ex-Officio), Ruth MacKenzie (Division Manager, Senior and Adult Services), Marie Vernon, Mary Schleeter (Agency on Aging Area 4), Debra Morrow, Anson Houghton (Agency on Aging Area 4)</p>
Approval of September 23, 2020 Agenda and August 26, 2020 Minutes	<p>S. Molina wanted to clarify that she is not going to serve on the ADRC ad hoc working group because she is going off Commission at the end of the year.</p> <p>M. Carlson moved to approve the minutes, S. Takahashi seconded, passed with no objections or abstentions</p>
Public Comment	Marie Vernon shared information about All Hours Adult Care, Department of Health Care Services, helps disabled seniors and adults 21 and older on Medicaid to get affordable housing, shared information in email, L. Julianel will follow up with Marie as potential presenter for Aging Resources Exchange
Presentation: APS Funding & Emergency Housing	<p>Ruth MacKenzie shared information about unmet needs in APS, gave some background on development of Senior Safehouse, which accepts 6 people at a time, runs on donations with some county funds. MacKenzie described some flexible funding available to the county to keep vulnerable people housed (Homesafe), as the homeless population has aged and the reasons for homelessness have changed, these two programs are overlapping more (50 and older are considered older when homeless). Homesafe program is ending at the end of this year, but will have future funding of about \$300,000 annually with different groups advocating for different uses (e.g., build a structure, broader approach to intervene with recent homelessness), MacKenzie is asking Commission to consider making a recommendation about priorities to address homelessness among older adults (facility based or funding to pay for services or financial assistance), expected to have the funding over the next few years to address housing issues faced by APS clients.</p> <p>Debra Morrow added some information about Safehouse, most people who come to the Safehouse do not return home, scarcity of affordable senior housing or transitional housing in Sacramento County, long waiting lists.</p>

	<p>T. Ogen asked how long can people stay in Safehouse and are there data about how many return for services. MacKenzie says typical stay is 30 days, with some exceptions, the grant required tracking recidivism, but don't have results yet because it is a new program</p> <p>R. Hoskins asked about points of entry for both programs. MacKenzie said Senior Safehouse accepts referrals from all sources, prioritize referrals from hospitals, APS, and law enforcement, other common referral sources include VA and 211. R. Hoskins followed up with question about pets. MacKenzie said Homesafe program covers pets, Debra Morrow said no pet rules at Safehouse are sometimes bent. Pets have been a challenge because of the importance of pets to those being served, may prevent some from accepting needed help.</p> <p>MacKenzie said that people are regularly turned away from the Senior Safehouse, no data on what happened to those people. L. Julianel suggested partnering with SelfHelp Housing to strategize on use of this housing. MacKenzie said that right now the question is which model to pursue, then county will look for partners, L. Julianel suggested reaching out to them for guidance about the model with a focus on how to serve more people. MacKenzie followed up that Sacramento SelfHelp Housing have also prioritized program for older adults and used different models such as renting group housing.</p> <p>MacKenzie is hoping that Commissioners explore ideas with their network and come to next Commissioners meeting with recommendations about the needs of older adults facing homelessness.</p> <p>MacKenzie fielded a few more questions, including about Sacramento Covered and whether categorizing people living on streets as being self-neglected and what programs and services might be available. P. Wait asked about profile data about older adults facing homelessness that could help make decisions about how to use the funds. MacKenzie replied that the population has been changing, every 2 years the Point In Time Count, but that just counts numbers and an age band. We don't have sufficient data other than that to help with this decision. P. Wait recommended John Foley as a source of good information based on experience. MacKenzie is consulting with others, model can change, just want to get started with a model</p> <p>D. Bonner expressed gratitude for the information, has seen increase in homelessness among clients of Senior Link. Confirmed that a lot of the information shared at meeting matches their experience at Senior Link.</p> <p>T. Ogen recommended forming an ad hoc working group to come up with some recommendations. MacKenzie suggested instead devoting time at the next Commission meeting to give Commissioners a chance to share their priorities.</p>
<p>AAC Business & Initiatives Older Adult Virtual Event</p>	<p>T. Ogan asked about interest in hosting virtual events or partnering with others. R. Hoskins is willing to share experience on how to organize social gatherings virtually. T. Ogan said already have Aging Resources Exchange,</p>

ADRC Ad Hoc Working Group	asked if Commission wants to do other virtual events. P. Wait said she doesn't have a clear picture of what other virtual events might look like. T. Ogan shared information about ADRC virtual events to take place of resource fair.
Leadership Transition, Onboarding Process, and Possible Brown Act Training	<p>C. Koss talked about SMUD resource fair coming up, suggested we work with others to support their outreach efforts.</p> <p>S. Molina suggested now that ARE is virtual, could work with senior organizations to stream the ARE meetings to share information with older adults. L. Julianel agreed that would be a good idea. Discussed how that would happen. Renaissance Society already plugged in and do attend meeting. May want to record meetings and share with others. R. Bernardy pointed out that there are very few congregate events, may not be feasible.</p> <p>P. Wait encouraged ARE to let Renaissance Society know about the ARE meetings, reach out to Ken who leads the Society right now. Also shared an idea of an intergenerational storytelling virtual event.</p> <p>At prior Commission meeting, had discussed forming ad hoc working group to explore pursuing an ADRC in Sacramento County. Anson Houghton from AAA4 provided some background information about forming an ADRC, information is available on the CA Department of Aging website, process of becoming a certified ADRC is in flux, AAA4 would not be in a position to support any new ADRCs for at least a year.</p> <p>Discussed what a working group would do: identify potential partners, look at other examples of ADRCs in the area (e.g., Yolo and Placer) as well as other cities similar to Sacramento, summarize steps required to become a certified ADRC, explore other options other than certified ADRC, bring recommendations to the Commission. T. Ogan expressed support of the ADRC model, but clarified it may not be necessary to form an official ADRC recognized by the state. Sacramento County could implement some aspects of the model to improve service coordination.</p> <p>A. Carni moved to form ad hoc working group to examine ADRC options. P. Romero seconded motion. Motion passed with no abstentions or objections.</p> <p>T. Ogan raised issues of onboarding new commissioners and leadership transitions. A. Carni has arranged for Rick Meyer to give training on Brown Act at October Commission meeting. Discussed status of materials for new Commissioners, including if materials are available electronically. Also suggested that ROC look into formalizing orientation for new members. M. Carlson will take over role of ROC chair at the end of this year. L. Julianel will share with M. Carlson what is available currently to help with leadership transition on ROC. M. Carlson asked about status of commission website and suggested posting orientation materials on website if possible. L. Julianel and M. Carlson will work with county to try to post these materials online.</p>
Reports	ROC will report at next meeting about progress made on formalizing recruitment and orientation for new Commissioners.
ROC	
Area 4 Agency on Aging	

<p>Aging Resources Exchange</p>	<p>M. Schleeter reported that AAA4 is working with funded partners to allocate COVID 19 CARES Act funds. The Dine At Home Program is currently serving about 700 people, but will be expanding to 1000. There are a few telephone reassurance programs operating, including Eskaton, Friendship Line, and Well Connected. L. Julianel informed Commission that telephone support is the topic of this month's Aging Resources Exchange. M. Schleeter also informed Commission that the Long-Term Care Ombudsman staff have been prevented from entering facilities, but that they are now in the process of getting back to in-person visits at facilities.</p> <p>C. Koss and L. Julianel reported that the next Aging Resources Exchange will be Tuesday, August 29 from 9:30-11 virtually. Topic is telephone-based programs for older adults.</p>
<p>Commission Membership Changes</p>	<p>T. Ogan announced that J. Samora and I. Hellman have stepped off the Commission.</p>
<p>Announcements & Liaison Updates</p>	<p>Vote to approve joining Age-Friendly Network has been postponed to November, exact date TBA</p>
<p>AARP Age-Friendly Network to be voted on by Supervisors October 6, 2020</p>	<p>T. Ogan expressed thanks to P. Wait and S. Takahashi for preparing outreach letters and documents to cities. A. Carni reminded Commissioners that the letters and presentations were distributed with the minutes and Commissioners can share feedback with P. Wait. P.</p>
<p>Other Announcements and Liaison Updates</p>	
<p>Future Meetings</p>	<p>Reviewed dates and times of upcoming meetings. Discussed possibly recording meetings. Will discuss with Rick Meyer. Will meet in November, but earlier in the month due to Thanksgiving. No meeting in December.</p>
<p>Next Executive Committee Meeting: October 21, 2020, 1-3pm (video conference)</p>	<p>Suggestions for future agenda items:</p>
<p>Next ROC Meeting: November 5, 2020, 2-4pm (video conference)</p>	<ul style="list-style-type: none"> • M. Carlson raised question about connectivity among older adults, how are older adults getting information if only virtual, discussed ways of helping get the word out with mailings and education to help older adults use Zoom and access information virtually
<p>Next Commission Meeting: October 28, 2020, 2-4pm (video conference)</p>	
<p>Suggestions for Future Agenda Items</p>	
<p>Meeting Adjourned at 3:53pm Minutes prepared by C. Koss</p>	