

## ADULT AND AGING COMMISSION

Wednesday, June 26th, 2019

02:00PM-04:00PM

2019 Minutes

Present: Lynn Humphries, Marshall Wilkerson, Keaton Riley., Keri Vogtmann, Mayue Carlson, Palvinder Kaur. Catheryn Koss, Marie Susaan, Linda Berry (AAA4), Rachael Hoskins, Leslie Julianel, Silvia Molina, Susan Takahashi, Joe Samora, Thomas Johnson, Rachael Hoskins, Maria Padilla-Castro, Casey Simon, Jim Donovan, Patty Wait, April Carni, Keaton Riley (Ex Officio), Debra Morrow (Sac County), Michelle Callejas (Sac County Director CF&A Services), Heidi Richardson (Sac County)

Absent : Linda Kingsbury, Palvinder Kaur

Guests: Jim Williams, Julie Turtletaub

### Action Items:

1. Susan to add Catheryn/Linda to Agenda going forward to update AAC on the Adult & Aging Resource Exchange Meetings.
2. Patty to email AAC the city schedule for Community Master Plan update meetings.
3. Keaton to send email to Patty and Patty to email AAC regarding "Meeting in a box" Community meeting Keaton shared with AAC as an opportunity if AAC interested.

### Details:

1. Welcome & Introductions
2. Approve April Minutes. Silvia M. motioned to approve, Catherine K. 2<sup>nd</sup> motion to approve.
3. SACOG Meeting Update. Patty reviewed SACOG meeting upcoming on June 29<sup>th</sup> and wanted to see if they would like to have a commissioner to attend to address the need to consider older adults for their plans. The meeting will review plans which includes 22 cities, 5 counties that will receive federal funding for housing transportation. The purpose of the meeting is because the Joint Powers Authority for federal and state funding wanted to see better regional planning between cities and counties. There are 17 COGS in California. Discussion and AAC is interested in having Jennifer B. with AARP share housing information. It was mentioned that they have grant money/funding for transportation per Ron Vicari, who works with State in overseeing Transportation.

4. Mental Health Meeting Update. Patty and Leslie attended the Mental health meeting in which the county is reviewing their campaign to end the stigma of Mental Health illness and wanted feedback from community members and professionals about the ads and messaging that was being put together so far. Patty informed the AAC regarding the discussion that was had about the positive feedback and potential constructive feedback that took place at meeting. Commissioners also commented on potential input. More meetings will be held in the county and AAC are welcome to attend.
5. Older Adults Celebration Discussion. Keri led the discussion about reviewing the next planning steps and timeline to take place as best measures for being prepared for next years event and suggestions. Keri advised to plan about 6 months ahead of time. In October draft schedule and volunteers. In November present on agenda for AAC meeting. Commissioners had good discussion and feedback about next steps and mentioned that we may need a new location for next year event. Also mentioned that good idea to compile a list of events that are going on in May and plan around those events as not to conflict for better participation and attendance.
6. Ad-Hoc Committee/Livability Update. Catheryn reported for the ad-hoc committee that they had met and further narrowed their focus on ideas of feedback and suggestions. First step is to process strengths first and figuring out what is a good topic to start that is not too big and gets good response from the county and low to no cost to implement. Possible focus to be how to make public aware of the already existing resources in the county. Debra M. met with the Livable Communities ad-hoc committee. They agreed that best place to start is with what ways/plans already in existence is Sacramento County already doing things that are considered Age Friendly but not known to general public that they are age friendly. Debra has contacted many colleges, hospitals and organizations and has found it surprised that most people have not heard the term "Age Friendly" and do not understand what that means. Debra asked AAC to please email her pictures or information on Age Friendly things you come across in the community
7. 2020 Census Update- Palvinder was absent however Jim reported it was in news that Congress was going to address whether it would be allowed to ask the question about citizenship on the census or not. Patti asked AAC who is interested in attending Census meetings since Palvinder may or may not be able to continue. Marie Susan agreed to attend future meetings. Tom Johnson also agreed to attend future meetings for Census but wanted to be removed from the Mental Health Liaison meetings.
8. Website Status- Heidi reported website was up and functional and gave update. Thanks to Heidi & Keaton!
9. Agency on Aging/Area 4- Linda Berry reported no update on Survey results however she did report on upcoming AAA4 town hall meetings that will held throughout various counties/locations for the purpose of the public being able to

come in and give feedback. Each County has its own workgroup and focus of what is most important issues to address so each town hall will be different.

There will be a town hall meeting September 16<sup>th</sup> for District 2 and the focus is on homelessness particularly for older adults who are facing homelessness for the first time.

10. Age Friendly Communities- Debra Morrow and Patty gave AAC updates. Patty reported she was invited to Sacramento City meeting regarding Age Friendly Community initiative and would update AAC at next general AAC meeting.
11. Election of Officers- Casey led the AAC vote. Vote was unanimous to elect Patty Wait, Chair, Susan Takahashi, Co-Chair & April Carni, Secretary effective 7/1/19.
12. Michelle Callejas gave AAC an update as to budget cuts therefore decided not to hire open county positions vs. cutbacks and how they were managing to keep department very efficient while still meeting the demands with the same team in tact.
13. Announcements
14. Adjourn