

ADULT AND AGING COMMISSION

Wednesday, February 26, 2020

02:00PM-04:00PM

2020 Minutes

Present: Patty Wait, Susan Takahashi, Casey Simon, April Carni, Mayue Carlson, Silvia Molina, Linda Berry (AAA4), Tom Johnson, Lynn Humphries, Catheryn Koss, Keri Vogtmann, Rachael Hoskins, Aaron Chong

Absent: Leslie Julianel, Marshall Wilkerson, Joe Samora, Teresa Ogan

Guests: Michelle Callejas, Bruce Wagstaff, Ruth Mackenzie, Jennifer Berdugo

Action Items:

1. Patty to write a summary and invite the cities staff to join us at AAC meetings.

Details:

1. Welcome & Introductions

2. Approval of January 2020 AAC Minutes. Tom made motion to approve and Silvia made 2nd motion to approve.

3. AAC Presentation to cities/communities- Patty reported that have met with all 5 cities & some of the types of feedback was received at the meetings and outcomes. All of the meetings went well and the meetings did generate interest from the cities in possibly pursuing the Age Friendly Initiative. Rancho Cordova is the farthest along in pursuing age friendly initiative behind Sacramento. Citrus Heights has very age friendly and supportive neighborhoods. Elk Grove and other cities also express concern of loss of volunteers. The COS suggested interacting with cities on a regular basis, possibly by holding forums. Further discussion to ensue. Catheryn Koss suggested we could also go to the cities and/or the new Elk Grove Senior center to meet with them as well.

4. California Master Plan on Aging- Casey and April reported feedback from the meeting they each attended. Casey reported approx. 5-6 people at meeting and concerns addressed were affordable housing, affordable care and transportation as the priorities. April reported that 10-12 people attended meeting and attendees spoke at end to give specific ideas for improving the lives of older adults. There were many creative ideas shared and discussed.

5. Bruce Wagstaff reported for current status of Sacramento Counties progress on the Age Friendly Initiative. Bruce asked to speak at the BOS retreat as by 2035 older adults will outnumber children and feels we should plan and be aware as it will affect everything they do at the County. The County hired Debra Morrow to have her help

launch a countywide age friendly initiative. Debra reported back that many of the county departments are already doing many things that help older adults. District Attorney is working on Elder Abuse issues and Parks and Recreation Department has some initiatives. The county is also looking to help grandparents collect child support when they are the primary ones caring for their grandchildren. During the November Retreat they came up with recommendations for the Board of Supervisors.

Some of those ideas were to:

- 1) Establish a county staff person to work on making the county age friendly in ALL of the county Departments and are in budget discussions currently working to fund this position.
- 2) Discovered 64% of the shelter beds are currently serving ages 50+, and that scattered site housing is the primary way of housing homeless adults however only one of those sites is designated for older adults. The county hopes to expand these sites and to make sure that seniors will have priority. SB2 has to do with affordable housing which would provide for \$300,000 to go to senior housing.
- 3) Transportation options will be explored by the county staff person designated to work on senior issues.
- 4) Discussions are taking place with personnel about hiring older adults.

Plans in May to propose the Sacramento County become an Age Friendly Community. This will be an area of focus at the County in the coming years. They will create a Homeless Council to address the issue emphasizing seniors need to be a priority.

6. OAC Event- Keri reported status updates including that now AAC has received support/sponsorship from each of the COS. Commissioners should all help to circulate flyers and applications. AAC is still seeking many sponsors. We also still need applicants for both the Intergenerational pitch to help end isolation and for the 5 over 50 awards in order to make the event a success. Keri also reported on and invited AAC to participate in the Human Side of Homelessness event that is sponsored by Aging 2.0. It was discussed and will be April 22nd and AAC meeting will be 1-3p and Fireside chat will be 3p-5 in County Building, 4600 Broadway, Sacramento. 2nd floor, Community Room.

5. Homeless discussion follow up from last meeting- Tom reported on behalf of the housing workgroup to express ideas and thoughts of direction they would like to take. Patty suggested that it to be given some more thought and AAC could provide feedback and assistance at next meeting.

6. Standing reports were reviewed including COS meeting as reported on by Patty, Area 4 Agency on Aging as reported by Linda Berry. Linda spoke to AAC about the Benjamin Rose program. Census 2020- Ruth MacKenzie shared the importance of the Census and how it impacts Sacramento County funding as it will cost the County \$1000 per year for each person that goes uncounted. Next Aging Resource Exchange Meeting will be 2/25/20 from 930-11a & was reported by Catheryn that it will be at a different location this month and AAA4 will be hosting it at their office. Topic will be Research on Preventing Alzheimer's Disease and 2020 Census Outreach. Speaker Oanh Meyer, UC Davis School of Medicine, and Poonie Holst, ACC Senior Services.

7. ROC Update- Membership & Liaisons positions were discussed. Reviewed which liaison groups should be removed from the list and about idea of not having it required to attend a group unless the designation is required. Discussed idea of having forums 2ce per year in which we would invite liaison contacts as well as city officials to come to the AAC meetings for sharing of information, resources and discussions. Goal is to provide a valuable forum style meeting in which county employees, volunteers, non-profits, commissioners, city officials, etc. meet to help find solutions to specific needs and offer AAC help.

8. Announcements- Rachael Hoskins announced that Project R.I.D.E. has a special grant for those who have Dementia to receive equestrian therapy. Keri Vogtmann announced CHP Workshop that will be helping Older adults with Driving. Patty announced that AAC was invited to the Galt Senior Center on March 26th for their Senior Resource Fair. Jennifer with AARP announces she has intern attending listening sessions. There are 6 scheduled listening sessions to be conducted in each of the various districts. So far one is scheduled in district 6 and district 7. Jennifer B. of AARP is partnering with SACRT for a workshop this Monday from 10a-12p. Michelle C. announced June 15th is World Abuse Awareness Day. Senior Rally Day May 11th, April C. to attend on behalf of AAC.

6. Adjourn