

**ADULT AND AGING COMMISSION**  
**Wednesday, January 26, 2022**  
**2:00 – 4:00 PM**  
**Video Conference Meeting**

**MINUTES**

<b>Item</b>	<b>Notes</b>
<b>Welcome &amp; Introductions</b>	
<b>Roll Call</b>	Members Present: April Carni, Theresa Abah, Gaby Hernandez, Catheryn Koss, Rachael Hoskins, Eduardo Rubalcava, Debra Bonner  Members Absent: Patty Wait (excused), Stephanie Wilson (excused)  Guests: Ruth MacKenzie, Heidi Richardson, Alexandra Weisberger, Rick Pearson, Mary Schleeter
<b>Approval of September 22, 2021 Minutes and January 26, 2022 Agenda</b>	R. Hoskins moved to approve, D. Bonner seconded, motion passes with no objections or abstentions
<b>Public Comment</b>	H. Richardson shared information about the county's age-friendly survey
<b>Presentation by Rick Pearson, Health Program Manager, Sacramento County Public Administrator/Guardian/Conservator</b>	R. Pearson presented information about the county's Public Administrator/ Guardian/ Conservator program and answers commissioners' questions
<b>AAC Business &amp; Initiatives</b>	
Priorities for 2022	C. Koss summarized the priorities identified at the October 2021 commission meeting (see attached handout)
Sacramento County Age-Friendly Initiative - listening session at February AAC meeting - County age-friendly survey <a href="https://survey.cmix.com/FD8F5D04/G10DF6LT/en-US">https://survey.cmix.com/FD8F5D04/G10DF6LT/en-US</a>	P. Wait shared information about the county's age-friendly initiative and announced the commission will be participating in a virtual listening session facilitated by county staff during the February 23, 2022 commission meeting
Annual Updates from SAS programs	C. Koss announced that a representative from each of the county's Senior and Adult Services programs will be invited to present at a commission meeting once per year.
Aging Resources website	C. Koss shared the new aging resources website created by Sacramento State Gerontology students – <a href="http://www.sacagingresources.org">www.sacagingresources.org</a>
2021 Annual Report	no discussion or action taken on this item
New Member Recruitment/ROC Chair	no discussion or action taken on this item

New Business	C. Koss asked SAS staff to leave the meeting. The commission was asked to provide feedback on the proposed interview questions to be used in the hiring process for a new SAS Deputy Director. Commissioners reviewed the questions and made several suggested changes and additions to be shared with Director Michelle Callejas by C. Koss.
<b>Reports</b>	
Area 4 Agency on Aging	no report given
Aging Resources Exchange	no report given
<b>Commission Membership Changes</b>	C. Koss announced A. Carni's request to step down as Secretary. The Commission will elect a new Secretary to complete the current term at the next commission meeting
<b>Announcements &amp; Liaison Updates</b>	no announcements or updates
<b>Future Meetings</b>	
Announcement of dates of future meetings	the next AAC meeting will be February 23, 2022
Suggestions for future agenda items	no suggestions shared

Notes from AAC October 2021 brainstorming session and some proposed actions for 2022

Please bring ideas about actions we could take to address any of these to the next meeting

<b>What would you like to learn?</b>	<b>Proposed Actions</b>
<p><b>About the Commission</b></p> <ul style="list-style-type: none"> <li>-The purpose of the commission</li> <li>-How can the commission be more effective?</li> <li>-The commission’s purpose, objectives, and roles</li> <li>-How do commissioners interact with other commissions and agencies to coordinate and work together?</li> <li>- What metrics do we use to measure success or progress?</li> </ul>	<ul style="list-style-type: none"> <li>- update the Commission’s orientation materials</li> <li>- build in ongoing commission education into meeting agendas</li> </ul>
<p><b>About other commissions</b></p> <ul style="list-style-type: none"> <li>- How do other commissions function?</li> </ul>	<ul style="list-style-type: none"> <li>- attend other commission meetings as guests and report back to commission</li> </ul>
<p><b>About county services</b></p>	<ul style="list-style-type: none"> <li>-invite SAS program representatives to present each year (1 program every other month)</li> <li>-invite county program representatives to present at Aging Resources Exchange</li> </ul>
<b>What would you like to see the commission focus on?</b>	<b>Proposed Actions</b>
<p><b>Age-friendly initiative</b></p>	<ul style="list-style-type: none"> <li>- Support listening sessions</li> </ul>
<p><b>Connect older adults to programs</b></p> <ul style="list-style-type: none"> <li>-Get information out to the community, especially isolated older adults</li> <li>- Help people access services</li> <li>- Collaborate and share information with other counties, learn from other counties</li> <li>- Older adults and technology – barriers to accessing services (e.g., email, computer use, internet access)</li> </ul>	<ul style="list-style-type: none"> <li>- Invite reps from cities and other counties to attend commission meetings</li> </ul>
<p><b>Ageism</b> is a root cause of a lot of problems faced by older adults, what could the commission do to address ageism?</p>	
<p><b>Scams</b> – understand how to get information out about scams in local community</p>	
<p><b>Homelessness and affordable housing</b> among older adults – need a better understanding of the problem and how to assist</p>	
<p><b>Recovery from COVID</b> – addressing the aftermath and residual impacts (depression, isolation)</p>	
<p><b>Observations about effectiveness</b></p> <ul style="list-style-type: none"> <li>- We need specific goals that can be measured</li> <li>-Commission’s goals should be realistic and focused so can actually accomplish them</li> </ul>	