

## ADULT AND AGING COMMISSION

Wednesday, January 22nd 2020

02:00PM-04:00PM

2020 Minutes

Present: Patty Wait, Susan Takahashi, Casey Simon, April Carni, Mayue Carlson, Silvia Molina, Heidi Richardson (Sac County), Linda Berry (AAA4), Tom Johnson, Leslie Julianel, Lynn Humphries, Catheryn Koss, Teresa Ogan, Joe Samora, Debra Morrow (Sac County), Aaron Chong

Absent: Keri Vogtmann, Marshall Wilkerson, Emanuel Petrisor, Rachael Hoskins

Guests: John Foley (Sacramento Self-Help Housing), Ruth Mackenzie (Sac County Senior Adult Services), April Wick (RIL), Will Tift (AAA4), Bob Erlenbusch (Sacramento Regional Coalition to End Homelessness), Jennifer Berdugo (AARP), Emily Tupper (Sutter PACE), Ken Cross (Renaissance Society), Alicia Tutt (City of Elk Grove)

### Action Items:

1. Patti to bring suggestions from today's meeting to BOS meeting to review ideas of how AAC might possibly be able to help with Older Adult Homelessness.
2. Susan to send to AAC members the link to SCAN Foundation to be able to participate in the Master Plan on Aging initiative online as they are collecting data and seeking feedback and suggestions.

### Details:

1. Welcome & Introductions
2. Approval of November 2019 AAC Minutes. Mayue Carlson made motion to approve and Silvia Molina made 2nd motion to approve.
3. Older Adult Homeless Speaker Guests Bob Erlenbusch, Executive Director, Sacramento Regional Coalition to End Homelessness provided the AAC data and statistics related to older adult homelessness in Sacramento County. First time homeless percentages among older adults is on the rise. John Foley, Executive Director of Sacramento Self Help Housing gave shared a lot of information and believes primary issue is income vs. cost of living as SSI benefits are not increasing to keep up with cost of living. April Wick of Resources for Independence (RIL) reported that about 1/3 of people receiving RIL services are homeless. She also shared her thoughts about the issues and suggested a few action steps she would like to see initiated is to have more organizations reaching out and having the conversations together, to speak to Mayor possibility regarding the need for Universal Design and also to bring more folks with

disabilities to the table for the solutions. Discussion ensued and information and ideas for areas of possible ways in which AAC might be able to help were exchanged.

3. AAC Presentation to cities/communities- Patty reported that so far Elk Grove, Citrus Heights, and Rancho Cordova City members have met with AAC so far with Folsom and Galt meetings to take place soon. Patty reported all of the meetings went very well and there is interest from the cities in possibly pursuing the Age Friendly Initiative.

4. OAC Event- Keri was absent so Silvia Molina reported updates. The OAC subcommittee would be leaving the meeting a little early at 345pm to do a site visit at Oak Park location to go over logistics planning for the event. Commissioners should all help to circulate flyers and applications. AAC is seeking many sponsors and applicants for both the Intergenerational pitch to help end isolation and for the 5 over 50 awards in order to make the event a success.

5. Announcements-Catheryn Koss announced she has a student intern who may be able to help with research statistics for the commission. Will Tift added a comment regarding adult homeless that the AAA4 is concentrating efforts on prevention of homelessness. Linda Berry announced AAA4 is also working with CalFresh to increase outreach. Debra Morrow stated the draft of preliminary report to county is being reviewed by Sacramento County staff. Jennifer Berdugo (AARP) stated the Census subcommittee for older adults is meeting Friday at ACC 2-4p.

6. Adjourn