

Sacramento County Human Services Coordinating Council

Meeting Minutes

December 10, 2015

Meeting Location

Dept. of Human Assistance
2700 Fulton Ave
Sacramento, CA. 95821
Conference Room 58

Facilitator: Addie Ellis – Chair

Staffed by: Jerri Thompson

Meeting Attendees:

- HSCC Members – Melinda Avey, Dev Berger, Addie Ellis, Paula Green, Randy Hicks, Leslie Julianel, Raymond Kemp, Len Marowitz, Danette Rada, Robert Silva Jr.
- Ex-officio Members and Liaisons – Colleene Miller (DHA), Sherri Z. Heller (DHHS)
- Guests – Sandra Jackson, Wendy Johannson, Linda Saephanh,

Absent Members:

- Ernie Brown, Paul Lake (Ex-Officio), Paul Tanner, Angelina Woodberry

Sacramento County Human Services Coordinating Council

Topic	Minutes
Call to Order/Introductions	Chair called the meeting to order and introductions were made. Group watched a video segment from the 2013 Heroes of Human Services Awards as they enjoyed their potluck.
Approval of November 12, 2015 Minutes	Approval of November 12, 2015 Minutes: Randy Hicks moved to approve, Robert Silva Jr. Seconded; Minutes Approved.
Chair's Report	<ul style="list-style-type: none"> • Membership: <ul style="list-style-type: none"> ○ Resignations: <ul style="list-style-type: none"> ▪ Michael Ballance – DAC Rep and Secretary of the HSCC ▪ Tom Campbell – Mental Health Board Rep (He is working on finding a replacement)
2015 Work Plan Retreat	<ul style="list-style-type: none"> • Work Plan Retreat to be held in lieu of regularly scheduled January meeting. Specifically: <ul style="list-style-type: none"> ○ Date: Thursday, January 14, 2016 ○ Time: 12:30-3:30pm ○ Sierra Health Foundation, Garden HWY ○ Catered Box Lunch available from Plates for \$11.75 per person ○ Supervisor Susan Peters will be the guest speaker
2016 Officer Elections (Action)	<ul style="list-style-type: none"> • The slate of officers for 2016 was presented; no other nominations were made from the floor. Randy Hicks moved to close the nominations, Robert Silva Jr. seconded; Motion to close the nominations Approved. • Randy Hicks moved to approve the slate as presented, Raymond Kemp seconded, and Dev Berger abstained. The presented slate of officers Approved as follows: <ul style="list-style-type: none"> ○ Chair – Addie Ellis ○ Vice Chair – Robert Silva Jr. ○ Secretary – Melinda Avey ❖ at-large member – Ernie Brown ❖ at-large member – Leslie Julianel
Department and First 5 Commission Updates	<p>Health and Human Services: Sherri Z. Heller provided a report included in the meeting packet. Added:</p> <ul style="list-style-type: none"> • Sherri discussed information in her report including the November 17 workshop that was presented to the Board of Supervisors (BOS) on drug and alcohol use in our County. She encouraged the group to watch the video of the workshop which is posted on the Board of Supervisors website. Staff will forward a copy of the PowerPoint presentation to the group. • The Public Health Officer is forming a coalition of people to deal with the opiate abuse issue. A large number of stakeholders have expressed interest in participating in this complex issue including a pharmacy group and emergency room nurses. <p>Human Assistance: Gladys Deloney's provided a report included in the meeting packet. Colleen Miller Added:</p> <ul style="list-style-type: none"> • Monumental occurrence as the city and the county has come together for the Homeless issue, contributing money to Sacramento Steps forward to help with the Rapid Rehousing Program. El Nino is a concern this year in the fact that they have instructions for and shelters and warming centers for when it gets to cold and

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Topic	Minutes
	<p>instructions and shelters to provide cooling centers when it gets to hot, but they do not know how an excessive amount of rain may affect the Homeless that live near the river or in cubbies that may get rained out.</p> <ul style="list-style-type: none"> • Group discussion ensued pertaining to the County's websites. It was proposed that the HSCC visit the websites and then invite the Public Information Officers from the county including DHA, DHHS, and First 5 to have an interaction with them and provide feedback about the ease/difficulty of navigating the various sites. <p>First 5 Commission: Julie Gallelo provided a report included in the meeting packet.</p>
<p>Member Advisory Boards & Community Member's Updates</p>	<p>Adult and Aging Commission: Dev Berger provided a report included in the meeting packet. Alcohol and Drug Advisory Board: Melinda Avey provided a report included in the meeting packet. Children's Coalition: Ernie Brown provided a report included in the meeting packet. Disability Advisory Commission: Provided a report included in the meeting packet. Randy Hicks added:</p> <ul style="list-style-type: none"> • Liz Paulsen from the Sacramento Housing and Redevelopment Agency (SHRA) discussed many aspects of the current housing stock at the DAC meeting. • Physical Access Subcommittee is looking at all the codes that pertain to access including, sidewalks, ramps, garbage can pick up and code enforcement. They also talked about the Howe Ave project. • Voting on the commission's revised bylaws will take place at their January meeting. • Randy reiterated the need of new members for the DAC. <p>Mental Health Advisory Board: Tom Campbell provided a report included in the meeting packet. Len Marowitz added:</p> <ul style="list-style-type: none"> • Visits are made once per month to different programs, the last visit was to River Oaks Center for Children. This is the fourth or fifth children's programs they have visited and it seems that the distribution of services is the same among the different programs. This is very positive because each of the groups independently has come to the same point for what should be done to help children. <p>Len wanted to share information he read from a news release by the National Institute of Mental Health:</p> <ul style="list-style-type: none"> • For the last 10-15 years there has been an attempt to define mental health illnesses by the biological problem underlying it instead of being defined by the person's symptoms as is currently done; this is a huge advance. A research group has found three different kinds of schizophrenia, each caused by a different biological problem so even if on the surface they look the same each needs a different treatment. <p>Public Health Advisory Board: Paula Green provided a report included in the meeting packet.</p>
<p>HSCC Goals</p>	<ul style="list-style-type: none"> • Chair Addie asked for a motion to move this agenda item to be heard after the member advisory boards & community member's updates item. Randy moved to approve, Robert Silva Jr. seconded: Approved. • Review of 2015 Goals: <ul style="list-style-type: none"> ○ Safety Net ○ Housing ○ HS-9 Policy of the Human Services Element of the County General Plan

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Topic	Minutes
	<ul style="list-style-type: none"> • Goals will carry over to 2016. • Homework for the retreat: keep the goals in mind as the big goals, and then think of how they can be segmented and what part of each goal does the group want to focus. Chair suggested of looking at addiction under safety net and for the Housing goal looking at the number of housing units that are available and who is available for what. Group was asked to read up on Human Services Element HS-9 Policy. Chair reminded group that not one of the advisory board's mission is more important than another as we come together to coordinate services.
Announcements	<ul style="list-style-type: none"> • Randy Hicks announced the California Budget & Policy Center will be holding a seminar on the State Budget at the Library Galleria, December 16, 9:30am.
Public Comments	<ul style="list-style-type: none"> • Wendy Johannson asked if anyone had the statistic of how many homeless there are in Sacramento. Group shared the January 2015 Point-in-Time homeless count of 2659 individuals that Ryan Loofburrow, Executive Director Sacramento Steps Forward, had shared with the group at his September presentation to the HSCC. Sherri Z. Heller also told of the upcoming report of the strategic plan for services to homeless individuals and families coming before the BOS at 10:30am on December 15 as listed in her update report.
Adjournment	Meeting adjourned at 1:30pm.

- The workshop on drug and alcohol use in our County on November 17 went very well, with the members of the Board of Supervisors highly engaged in the discussion. They were particularly shocked by the extent to which overdoses have become a leading cause of death nationwide. We were aiming to establish a baseline understanding of Sacramento status preparatory to a decision next spring on whether our County should “opt in” to the new Drug Medi-Cal waiver. The Board requested that we develop a more comprehensive community plan for dealing with addiction issues, generally. Since this plan will need to involve numerous advisory boards, we will need to develop a timeline that is long enough to involve all stakeholders but short enough to be ready for that opt-in decision and for any FY 2015-16 budget implications.
- Another major planning effort focuses on major legislative changes affecting the foster care system. AB403 is now law, and it makes major changes in the way that we use shelters and group homes, with a requirement to do much more of the work in family settings, either by reunifying families or by recruiting a lot more foster parents who can deal with very troubled youth and are supportive of reunification. A parallel change affects the Resource Family Approval process by which both foster parents and potential adoptive families are recruited and screened. The key to success will likely be having enough accessible mental health services for children and families who have been through the trauma of abuse. The Board of Supervisors will act on January 26 to approve our plans for recruitment and retention of additional foster families.
- Upcoming BoS items include report on STDs December 8 at 10:45, strategic plan for services to homeless individuals and families December 15 at 10:30, status report on Health Partners (healthcare services for undocumented persons) on December 16 at 2:15.
- We are struggling to respond to our staff’s feelings of vulnerability following the terrorist attack in San Bernardino. The facts that the perpetrator worked in public health and that the murders took place in a facility serving developmentally delayed persons were apparently not the drivers of this workplace violence. Nevertheless, we must acknowledge that our staff who devote their professional lives to helping our most vulnerable neighbors do go into dangerous situations and need to be prepared for angry responses. And many of them have important roles to play in disaster response, if the unthinkable happens. During this holiday season, wishes for peace on earth and good will to all feel very personal to our team of committed public servants. It helps to know that the volunteers on our community advisory boards “get it.” Thank you for all you do to communicate your support.

Wishing you peace of mind and the warmth of knowing that you are valued by all whom you cherish,

Sherrri

**DHA report to HSCC
December 10, 2015**

Rapid Re-Housing

- In September, the Board of Supervisors approved \$400,000 in the final budget for a Rapid Rehousing (RRH) program for single adults and couples
- In November, the Board approved an additional \$600,000 for the RRH program bringing the total to \$1 million
- DHA has partnered with the City of Sacramento and Sacramento Steps Forward (SSF) to create a comprehensive RRH program which will include rental assistance, case management and employment services for Homeless individuals and couples. (The City contributed \$500,000)
- SSF will administer the RRH program and has set a target of housing approximately 345 people with the funding.
- SSF secured an additional \$900,000 from Sutter Health bringing the total to \$2.4 million.

Motel Vouchers

- In November, the Board approved an additional \$90,000 for the Motel Voucher program to increase current capacity of 4.4 beds per night to 14.4 beds per night during the winter months

Winter Sanctuary

- For this winter season, DHA increased the funding for the Winter Sanctuary program from \$100,000 to \$260,000. The goal of the program is to provide a warm meal and shelter for up to 90 individuals per night between November 2015 and March 2016. Transportation is provided to and from the site.

Medi-Cal

- Outreach efforts have started to inform customers of the upcoming changes surrounding SB 75. Undocumented Children under the age of 19 will have access to full-scope Medi-Cal no sooner than 5/1/2016
 - State Department of Health Care Services (DHCS) - will be issuing notices to children who are active on restricted Medi-Cal aid codes. These children will be included in transition from limited scope coverage to full scope once SB 75 goes into effect
 - DHCS, in partnership with other community agencies/organizations, has begun outreach efforts to encourage customers to apply for restricted coverage so that they may be included in the transition
- Customers with No Share of cost (SOC) Medi-Cal were mailed an informing notice regarding the upcoming mailing of the 1095-B documents that will be needed for customers to file taxes
 - The 1095-B acts as proof of Minimal Essential Coverage (MEC) to avoid possible tax penalties

CalFresh

- DHA is working in collaboration with other stakeholders to submit a grant application with United States Department of Agriculture (USDA). The Food Insecurity Nutrition Incentive (FINI) grant would incentivize CalFresh (Food Stamps) consumers to purchase more fruits and vegetables.

FIRST 5 SACRAMENTO COMMISSION
Human Services Coordinating Council
December 5, 2015

HIGHLIGHTS OF LAST COMMISSION MEETING – December 7, 2015

1. Adoption of FY14/15 Annual Report
2. Nomination of Commission Vice-Chair for 2016
3. Approval of Community Building Grants Fiscal Agent and Partners
4. Appointment of Angelina Woodberry to the Advisory Committee

HIGHLIGHTS OF UPCOMING MEETING – February 1, 2015

1. Public Hearing to review and adopt First 5's financial audit for FY14-15
2. Presentation: Sacramento County's Dental Geographic Managed Care for Children

OTHER ITEMS OF INTEREST

1. In order to increase awareness of Infant Safe Sleep, a display will be up in the lobby of 700 H Street during the month of January 2016.
2. In December 2015, the Medi-Cal Dental Advisory Committee (MCDAC) will receive a report, prepared by a consultant paid by outside funding, on Sacramento County's Dental Geographic Managed Care for children (ages 0 to 20). The report will compare current data to the study released in 2010 and will be presented to the BOS and the First 5 Commission in January or February 2016.
3. First 5 Sacramento is currently running a three-month multi-media campaign called 'Real Moments' encouraging parents to spend quality time with their child. Campaign elements include radio spots; digital ads; streaming ads; and pre-roll. Continues through November.
4. Social media across First 5's four platforms were compiled from January through October 2015. Results revealed a 72% increase in Facebook followers, a 23% increase in Twitter followers, a 60% increase in Instagram followers and a 13% increase in Pinterest followers.
5. The proposed \$2 tax on tobacco products will be pursued through a voter initiative, which is expected to be placed on the November 2016 ballot. The initiative not only includes a back-fill for Prop 10, but also includes language that re-defines tobacco products to include e-cigarettes. This is significant for First 5 because it changes the definition for all existing taxes, as well. The result is that, if voters approve the initiative, all First 5's will begin to receive revenue from e-cigarettes (both the liquid "juice" with nicotine and the electronic devices). Early estimates put the revenue between \$30 million-\$50 million annually. First 5 Sacramento's share could be as much as \$300,000-\$500,000 each year.

Sacramento Adult and Aging Commission November 2015 meeting:

At AAC's November meeting, newly appointed commissioners were announced and the 2016 AAC calendar for its committee meetings were provided. Discussion of training by the County for electronic filing of Form 700 was reviewed.

Area 4 on Aging reported that the Older American's Act's budget continues to remain in limbo. This has become an unfortunate pattern at the Federal government's level, one that has adverse consequences on programs funded for seniors that are badly needed. The failure of the BOS to support AAC's recommendation about recycling prescription drugs was discussed. A pharmacist for the County said the proposal involves too much of a liability for Sacramento County. Despite this, efforts may be renewed by AAC members to not give up on this issue and to continue working on it. The Ad Hoc Committee on room and board hopes to have its draft report completed so it can be reviewed by the AAC Executive Committee. The report was done for Supervisor Notolli and includes recommendations for improving room and board issues in Sacramento County.

**Alcohol and Drug Advisory Board Report to the HSCC
December 2015**

- Since the AOD Advisory Board's meeting fell on November 11 (a county holiday), the board used the opportunity to provide an orientation for members.
- The Board provided input for the BoS Workshop regarding trends in alcohol and other drug abuse and treatment in our county as well as the impact that substance abuse has on our county.
- The Prevention Committee is taking the lead on some recommendations to prevent opiate use and abuse by our young people.

December 2015 Report to the Human Services Coordinating Council

Executive Committee

Continuing Strategic Planning. Draft plan being reviewed by the Coalition. Met with Chiefs of Staff for quarterly update.

Oversight Committee

Developing the Annual Report. The focus is on the back-end of services, such as how Child Welfare Service providers prepare youth who will emancipate from dependency and go on to being productive citizens. The report will take into account what the County is doing with Crossover Youth, the CSEC population and other identified high-need populations.

The Committee continues to review critical incidents.

Children's Trust Fund Committee

The CAPC contract is the only one funded by the Trust Fund along with the staff person for the Coalition. CAPC provides an Information and Referral service, the Child Death Review Team and Mandated Reporter Training. The CTF committee is also reviewing all DHHS contracts to determine where any service gaps may be which the Trust Fund could fund when the next RFP is issued in about 2 years

Ernie Brown

Member, Sacramento County Children's Coalition

Disability Advisory Commission Report for December Meeting

DAC has nothing new to report, except that we still have 5 vacancies and are having difficulty achieving a quorum for meetings. HSCC members are encouraged to reach out to their respective stakeholder groups to recruit prospective members. DAC members must have a disability, work for a disability related organization, or be a family member of a person with a disability, and live in Sacramento County.

Sacramento County Mental Health Board (MHB)
Monthly Activity Report to the Human Services Coordinating Council

December 2015

No MHB Meeting in December

The MHB did not meet at its normal 1st Wednesday meeting time for the month of December. Its next meeting will be January 6, 2016.

2016 MHB Retreat

The MHB's annual retreat for 2016 will take place Saturday, January 23rd, from 9:00 a.m. to 2:00 p.m., at 300 University Ave., Ste. 100, Sacramento. The retreat is open to the public.

**Public Health Advisory Board (PHAB)
Monthly Activity Report- Meeting From December 2, 2015**

Prepared for:
Sacramento County
Human Services Coordinating Council

I. PHAB Appointments and Vacancies

Appointments: none (one pending applicant)

Vacancies: (4) Two Community Members, One Public Health Professional and One Public Health Care Representative

II. Primary Health Division Update:

- Healthcare for Undocumented Residents "Healthy Partners"

A partnership with the Medical Society has been approved. On Dec. 16th a report will be presented to the Board of Supervisors that will give a brief overview of the program.

- GMC Enrollment

Currently total GMC enrollment in Sacramento County is now approximately 425 K. Provider RFP process is pending. High cost population reports are available online.

III. Public Health Division Update:

- One case of reported TB at American River College. Follow up is in place.
- A new Senior Manager has been hired and will be working on the Opiate misuse and abuse programs for Sacramento County. Her area of expertise is in substance abuse and addiction. She will be available to contribute with the various work projects in place and we look forward to her assistance and knowledge!

IV. Needle Exchange Program Update

A survey was sent to 37 needle exchange programs in California. The purpose was to educate the subcommittee on the current programs in place. The results provided enough information to create a discussion draft. This discussion draft is meant to initiate an exploratory search of subject matter, as the needle exchange program idea is only one component of many in addressing addiction issues and the opiate epidemic. Moving forward with researching this topic will assist in meeting the recent request placed on DHHS by the County Board of Supervisors in coming up with a strategic plan that addresses addiction issues in our community more broadly.

The discussion draft will start to be presented to stakeholder groups for feedback and the findings from the feedback will be reported back to the PHAB.

V. MAPP Survey

Jamie White presented data that was collected from the 548 surveys that were completed. This survey focused on evaluating community needs in regards to various social determinants of health in Sacramento County. The full report is expected to be complete in March of 2016.

VI. New Priorities for 2016

Members are encouraged to come to January meeting with topics for agenda items for 2016.